

EXPLORE



PARKS, RECREATION
AND CULTURAL ARTS

BECOME AN INSTRUCTOR - PG 12

NEW PICKLEBALL CLINICS - PG 22

YOUTH PIANO COMPETITION - PG 33

Winter 2024
ACTIVITY GUIDE

Welcome

CONNECT WITH US!

City of Encinitas Parks, Recreation and Cultural Arts Department

Phone: (760) 633-2740
Fax: (760) 633-2626
505 S. Vulcan Avenue
Encinitas, CA 92024
Email: prca@encinitasca.gov

Youth Commission

Meets the first Wednesday of every month (September - June), 4:30pm

Senior Citizen Commission

Meets the third Tuesday of every month (no meeting in July and December), 2:00pm

Commission for the Arts

Meets the first Monday of every month (no meeting in July), 5:00pm

Parks and Recreation Commission

Meets the third Tuesday of every month (no meeting in December), 5:30pm

Visit EncinitasCA.gov for City Commission information

Encinitas Community and Senior Center

Community and Senior Center Phone: (760) 943-2250
Community & Senior Center Fax: (760) 943-2262
1140 Oakcrest Park Drive Encinitas, CA 92024
Center Hours: Monday - Friday, 8am - 8pm
Saturday, 8am - 5pm
Sunday, 12 - 5pm

Youth Scholarships:

The City of Encinitas offers financial assistance for youth programs to Encinitas Residents who meet income requirements. Please contact the Parks, Recreation and Cultural Arts Department office at (760) 633-2740 for more information.

Las Becas para Jovenes:

La Ciudad de Encinitas ofrece asistencia financiera para programas juveniles a residentes de Encinitas que cumplan con los requisitos de ingresos. Para obtener más información, favor de comunicarse al Departamento de Parques, Recreación y Artes Culturales al (760) 633-2740.

Program Fees - Youth & Adult

Non Resident Program Cost up to \$100 - add \$15
Non Resident Program Cost \$101 - \$200 - add \$20
Non Resident Program Cost \$201 and up - add \$25
ActiveNet Transaction Fee of \$2.70

Program Fees Adult 50+

Non Residents - add \$3
Resident ActiveNet Transaction fee \$1
Non Resident ActiveNet Transaction Fee \$2.70

Credit card transaction fees will be charged @ 3.4%

PROGRAM ACCOMMODATIONS

The City of Encinitas Parks, Recreation and Cultural Arts Department is committed to providing inclusive programs and opportunities to increase individual potential for full and active participation in all activities and experiences. Requests for accommodations will be considered on a case-by-case basis.

If you require an accommodation, or need further information concerning inclusive or specialized recreation and accommodation for a city program, please contact us with at least 72 hours notice before the activity date. To request accommodation or for additional information, please email prca@encinitasca.gov or call (760) 633-2740.

WINTER 2024 FEATURES

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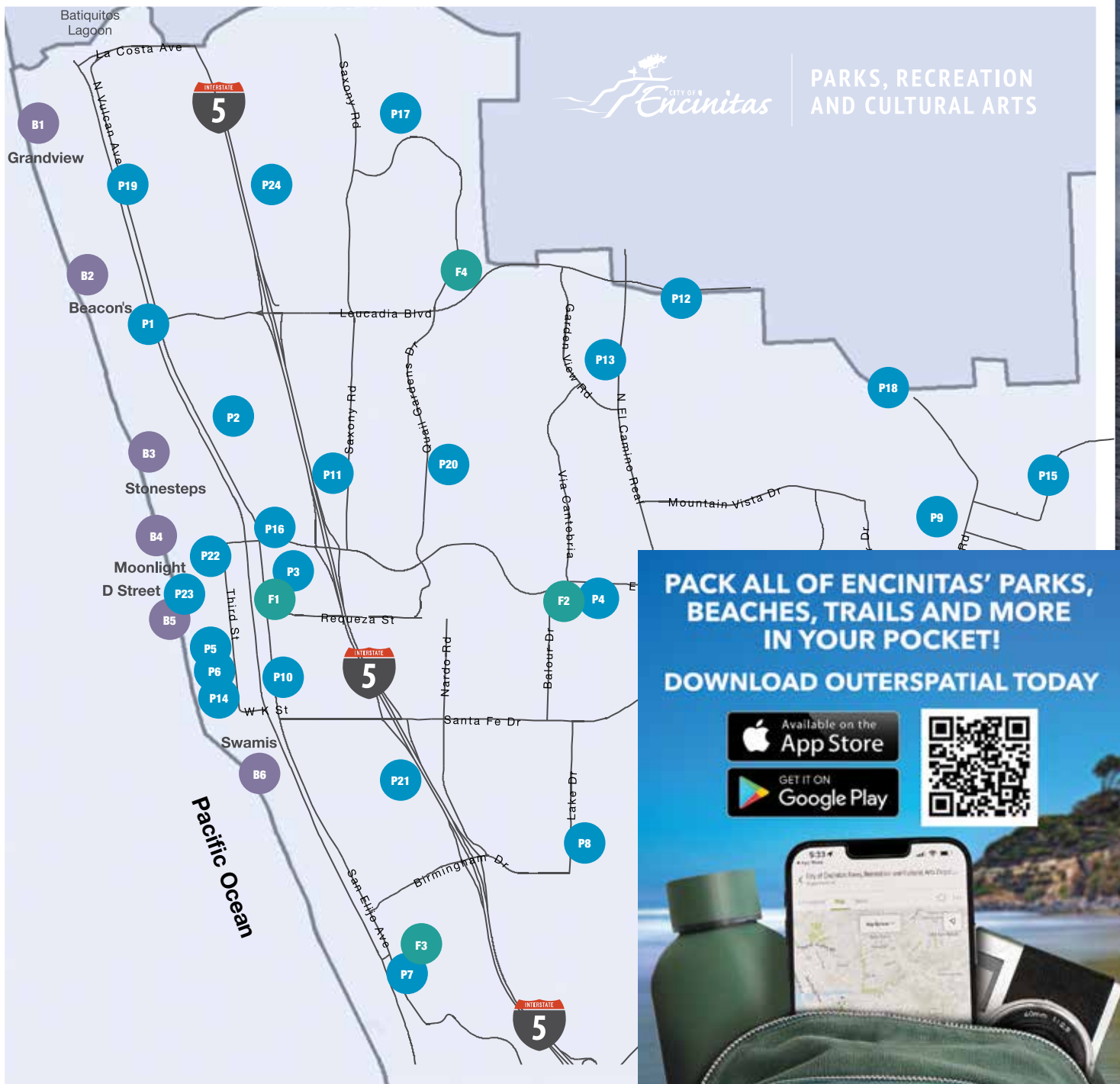
**NO SMOKING • NO VAPING
IN ALL PUBLIC PLACES**



**For more information,
scan the QR Code.**

Site	Facility Name	Trail Head	Playground	Picnic Pavilion	Bathrooms	Off-Leash Hours	Dog Park	Ocean View	Basketball	Volleyball	Baseball	Soccer	Tennis	Pickleball	Horse Shoes	Bocce Ball	Skate Park	Equestrian	BBQ Grill	ADA Accessible	Address
Parks																					
P1	Leucadia Roadside Park																				860 North Coast Hwy 101
P2	Orpheus Park		X	X		X		X											X		482 Orpheus Ave
P3	Encinitas Viewpoint Park		X			X		X											X		56 East D Street
P4	Oakcrest Park	X	X	X	X				X						X	X			X	X	1219 Encinitas Blvd
P5	H Street Viewpoint							X											X		498 H Street
P6	I Street Viewpoint							X											X		498 I Street
P7	Glen Park		X	X	X			X	X	X			X		X				X	X	2149 Orinda Dr
P8	Cardiff Sports Park		X	X	X				X		X	X							X	X	1661 Lake Dr (8am - 9pm)
P9	Wiro Park	X	X	X															X	X	2232 El Camino Del Norte
P10	Mildred MacPherson		X					X	X											X	1045 South Vulcan Ave
P11	Paul Ecke Sports Park				X						X	X								X	278 Saxony Rd (8am - 11pm)
P12	Scott Valley Park		X						X	X									X	X	1602 Willowhaven Rd
P13	Leo Mullen Sports Park	X	X	X	X				X		X	X								X	951 Via Cantebria
P14	J Street Viewpoint							X												X	398 J Street
P15	Little Oaks Equestrian Park	X		X														X			2879 Lone Jack Rd
P16	Cottonwood Creek Park	X	X	X	X				X				X	X					X	X	95 North Vulcan Ave
P17	Hawk View Park	X	X																	X	1309 Blue Heron Ave
P18	Sun Vista Park	X	X	X		X														X	2011 Avenida La Posta
P19	Leucadia Oaks Park		X						X	X							X		X	X	1511 North Vulcan Ave
P20	Las Verdes Park	X	X	X																X	1390 Paseo De Las Verdes
P21	Encinitas Community Park		X		X		X				X	X					X		X	X	425 Santa Fe Dr (Facilities 8am - sunset)
P22	Moonlight Beach Park	X	X		X			X		X			X	X					X	X	400 B St
P23	Moonlight Beach Overlook							X												X	400 Moonlight Lane
P24	Olympus Park		X	X			X		X					X			X			X	701 Olympus Street
City Offices and Facilities																					
F1	Encinitas Parks, Recreation and Cultural Arts Department Offices				X															X	505 South Vulcan Ave 760-633-2740
F2	Encinitas Community and Senior Center	X			X			X	X	X				X						X	1140 Oakcrest Park Dr 760-943-2260
F3	Scout House Facility at Glen Park				X			X												X	2149 Orinda Dr 760-633-2740
F4	Encinitas Ranch Golf Course	X			X			X												X	1275 Quail Gardens Dr 760-944-1936
F5	Encinitas Library Computer Lab				X															X	540 Cornish Dr 760-943-2260
Beaches																					
B1	Grandview Beach							X													1700 Neptune Ave
B2	Beacon's Beach							X													948 Neptune Ave
B3	Stonesteps Beach							X													350 South El Portal
B4	Moonlight Beach			X	X			X		X									X	X	400 B St
B5	D Street Beach							X													450 D St
B6	Swami's Beach				X			X												X	1298 South Coast Hwy 101

PLACES TO PLAY IN YOUR CITY



**PACK ALL OF ENCINITAS' PARKS,
BEACHES, TRAILS AND MORE
IN YOUR POCKET!**

DOWNLOAD OUTERSPATIAL TODAY

Available on the
App Store

GET IT ON
Google Play



FOR YOUR INFORMATION

Park hours are dawn to dusk except for permitted events or unless stated otherwise. Beach parking and amenities hours are 5am - 10pm. Beach is closed 2am - 4am. No glass containers or polystyrene food containers allowed at City parks, beaches and trails. All parks are available on a first-come, first-serve basis. Special Event and Facility Use Permits are available for select locations. For complete details on all of the City's parks, beaches, facilities and recreational trails, visit www.EncinitasParksandRec.com or call the Parks, Recreation and Cultural Arts Department at (760) 633-2740.

Your Portal to the City

MyEncinitas is your mobile connection to the City of Encinitas. The free mobile app is designed to provide residents, businesses and visitors the opportunity to access City Hall from the beach, from downtown, from anywhere 24/7.



Download at encinitasca.gov/myencinitas

THANK YOU!

FROM THE CITY OF ENCINITAS

Encinitas kicked off the holiday season at the 2023 Encinitas Holiday Parade

presented by:

ting

The City of Encinitas thanks Ting Internet, along with all of its parade sponsors, AMR Ambulance, KickForce Martial Arts, and EDCO Disposal for their support of the Encinitas Holiday Parade. Happy Holidays and a terrific 2024!



KICKFORCE

Be a proud supporter of quality family events in your community. Sponsorship opportunities are available. prca@encinitas.gov



BIKE AND E-BIKE RESOURCES

E-bikes are more popular than ever and allow people of many ages and abilities to get out and enjoy the fun of cycling with assistance from an electric motor. There are many different styles of e-bikes, from cargo e-bikes to beach cruisers to mountain bikes, making them useful and fun in many ways. E-bikes also provide a great alternative to getting in a car to travel around town.

If you ride, or are considering riding an e-bike in and around Encinitas, please take the time to learn what's allowed, what the applicable laws are and follow guidelines and recommendations for riding safely.

Visit www.EncinitasCA.Gov/Ebikes to find information and resources for safe cycling.

City Cycling Bike/E-Bike Safety & Skills (ages 10 and up)

Under the direction of a trained bike instructor, you will learn the rules of the road and practice essential bike riding skills. Learn where to ride, best practices, emergency maneuvers, and legal rights and responsibilities. The three-hour class is broken up into three parts: lecture, skills drills, and a guided road ride to put your new skills into action! Class content applies to both regular and e-bikes. Make sure your bike is in good working order and ready to ride. Some cycling experience is required as this is not a "learn-to-ride" class. Encinitas residents will receive a refund of registration amount after completion of the course (\$2.70 ActiveNet system processing fee is non-refundable). If under 16, parent registration and participation is strongly encouraged. For participants 12 and under, parent registration and participation required. For info and to register, visit www.EncinitasCA.gov/Ebikes.

Location: Third Saturdays Encinitas Community Center,
Fourth Saturdays Encinitas Civic Center
Instructor: San Diego County Bicycle Coalition



Date	Time	Day	Residents	Non-Residents	Course
12/16	9am – 12pm	Sa	\$10	\$20	14163
1/20	9am – 12pm	Sa	\$10	\$20	14159
1/27	9am – 12pm	Sa	\$10	\$20	14160
2/17	9am – 12pm	Sa	\$10	\$20	14161
2/24	9am – 12pm	Sa	\$10	\$20	14162

SAVE
THE DATE!

CYCLOVIA ENCINITAS



CAR-FREE OPEN STREET EVENT

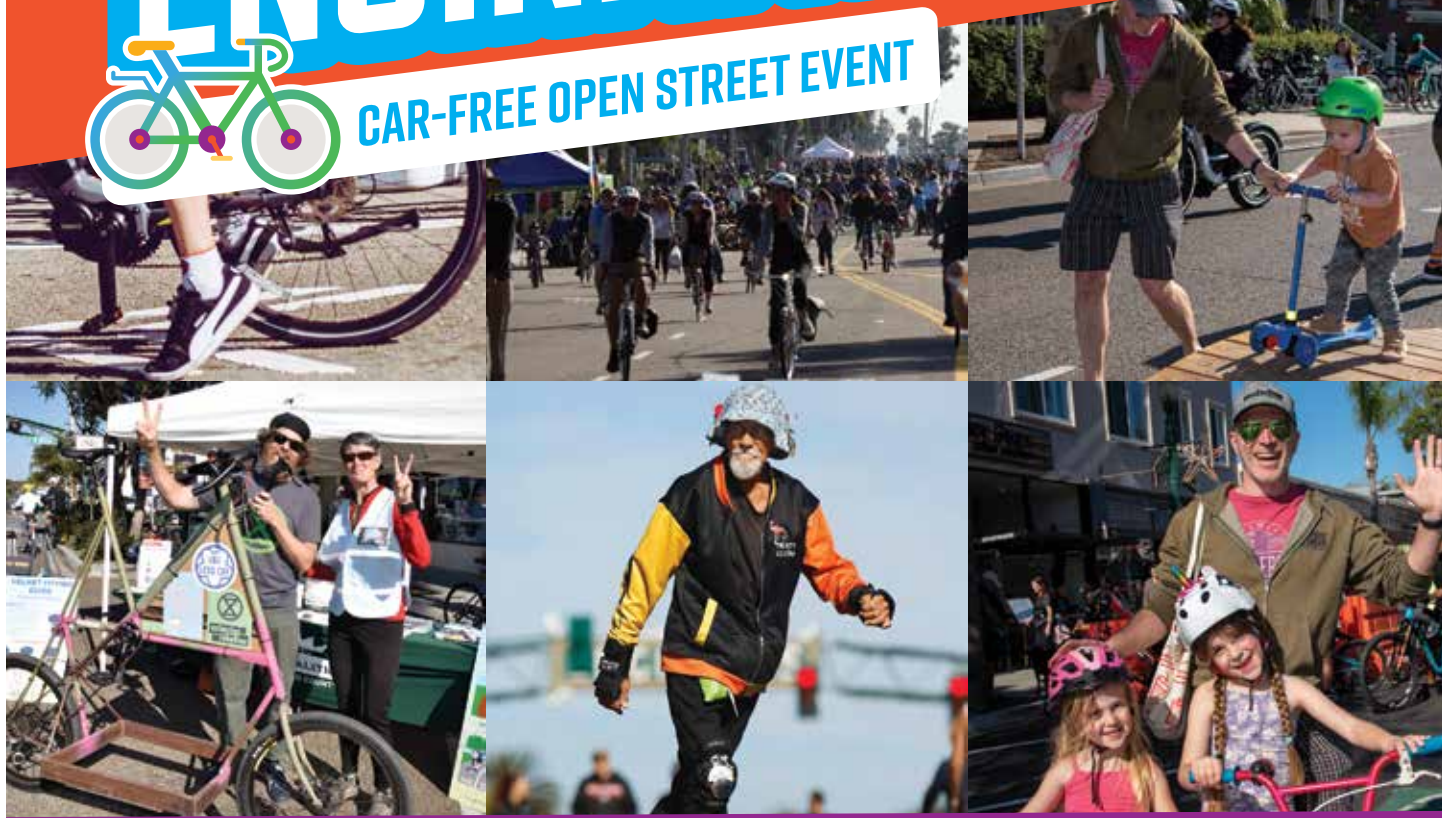
SUNDAY

MAY 19, 2024

10am - 2pm

Coast Highway 101

D st. to J st.



Enjoy downtown Encinitas at a different pace

Bring your friends and family and enjoy downtown Encinitas at a different pace on bike, on foot, or other means of self-powered transportation.

There will be plenty of great shops and dining to check out and activities including: a bicycle safety rodeo, bike skills course, bike and helmet decorating station, information booths, and more.

Visit www.EncinitasCA.Gov/Cylcovia for more information



SUPPORTERS



SPONSORSHIP OPPORTUNITIES AVAILABLE!

Discover Diverse Venues for Every Occasion



Center & Library Rentals

- Banquet Hall
- Gymnasium
- Community Room
- Conference Room
- Meeting Rooms
- Dance Studio
- Literacy Lab
- Courtyard
- Kitchen

www.encinitas.gov/rentals



HEALTH & WELLNESS EXPO 2024

FREE!

FEBRUARY 10, 2024 • 10AM - 2PM
Encinitas Community & Senior Center

Take the first step towards a healthier you!
Join us at the Health & Wellness Expo to
discover all the ways you can live a
healthier lifestyle.

40+ VENDORS:

- FITNESS
- NUTRITION
- MEDICAL
- NATUROPATHIC
- SPA
- HEALING
- AND MORE!



WORKSHOPS & RAFFLES



IN PARTNERSHIP WITH



PARKS, RECREATION
AND CULTURAL ARTS

For more information: www.EncinitasChamber.com (760) 753-6041

BECOME AN INSTRUCTOR

Inviting Contract Instructors for:

- Camps
- Performing & Visual Arts
- Health & Wellness
- Fitness & Sports
- Learning & Development
- STEM & Technology
- Pet Training & more!



[ENCINITASCA.GOV/INSTRUCTOR](https://encinitasca.gov/instructor)





Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

DANCE AND MOVEMENT

Mini Movers Creative Movement (ages 2 - 3)

This is the perfect class for all those mini-movers out there, filled with creative movement, lots of fun music and dance games! This energetic and expressive Mini Movers class will have your child learning age-appropriate dance moves, motor skills and rhythm.

Location: Encinitas Community Center
Instructor: Brittany White Gonzales

Date	Time	Day	Fee	Course
1/9 - 2/20	3:35 - 4:15pm	Tu	\$130	13928
2/27 - 4/9	3:35 - 4:15pm	Tu	\$130	13929

FREE / DROP IN *At the Center*

Car Seat Checks

A certified American Medical Response (AMR) child passenger safety technician conducts free car seat checks.

Time: 9:30am-12pm
Location: Encinitas Community Center Parking Lot

Held first Monday of each month.



Star Shiners Tap & Ballet (ages 3-1/2 - 6)

Keep your Star Shiner moving in this tap and ballet combo class. This progressive class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique. Once a month, class will get switched up with a jazz dance day!

Location: Encinitas Community Center
Instructor: Brittany White Gonzales

Date	Time	Day	Fee	Course
1/9 - 2/20	4:20 - 5:15pm	Tu	\$130	13930
2/27 - 4/9	4:20 - 5:15pm	Tu	\$130	13931

Beat Breakers Hip Hop (ages 4 - 7)

This fun, high-energy kid's dance class enables boys and girls to let loose while developing creativity, coordination, musicality, and listening skills. Activities include hip hop, and dance games in a non-stop action-packed class that will have you movin' to the beats! All music and moves are age appropriate.

Location: Encinitas Community Center
Instructor: Brittany White Gonzales

Date	Time	Day	Fee	Course
1/9 - 2/20	5:20 - 6:15pm	Tu	\$130	13932
2/27 - 4/9	5:20 - 6:15pm	Tu	\$130	13933



Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

CAMPS

Seaside Day Camp (ages 6 - 12)

Are you ready to have some good old-fashioned camp fun? Seaside Day Camp is ready to provide you with an opportunity to be with your friends, play games, be in nature, and have some fun. Additionally, each week we will plan one field trip off-site. Plan to spend your break with us away from screens and the same daily routines. Great childhood memories are waiting to be made at Seaside Day Camp!

Location: Glen Park Scout House
Instructor: Recreation Staff

Winter Break

Date	Time	Day	Fee	Course
12/26 – 12/29	9am – 3pm	Tu-F	\$200	14029
*Field Trip: Ice Town				
1/2 – 1/5	9am – 3pm	Tu-F	\$200	14030
*Field Trip: Dave and Busters				

Winter Break Extended Care

Date	Time	Day	Fee	Course
12/26 – 12/29	3 – 6pm	Tu-F	\$35	14035
1/2 – 1/5	3 – 6pm	Tu-F	\$35	14036

Spring Break

Date	Time	Day	Fee	Course
3/25 – 3/29	9am – 3pm	M-F	\$220	14050
*Field Trip: Invasion Laser Tag				
4/1 – 4/5	9am – 3pm	M-F	\$220	14052
*Field Trip: New Kids Museum				

Spring Break Extended Care

Date	Time	Day	Fee	Course
3/25 – 3/29	3 – 6pm	M-F	\$45	14051
4/1 – 4/5	3 – 6pm	M-F	\$45	14053

* Field trips subject to change

Little Groms Spring Break Surf Camp (ages 5 - 8)

This camp is dedicated to our next generation of surfers and water kids that are just getting ready to hit the ocean. Our focus is ocean safety, surfing, boogie boarding, bodysurfing and swimming in the ocean. We allow kids to progress at their own pace in this camp, not pushing them past their comfort level. For more info check out: www.TheLittleGroms.com

Location: Moonlight Beach
Instructor: Brent Stephens

Date	Time	Day	Fee	Course
4/1 – 4/5	9am – 12pm	M-F	\$385	14150

Big Groms Spring Break Surf Camp (ages 9 - 16)

This surf camp teaches proper surfing fundamentals and techniques with an emphasis on skill development and ocean safety. Surf camp is ideal for BEGINNER and INTERMEDIATE level participants that want to become more efficient surfers. Experienced staff will work with campers individually and in small groups to create a fun and productive environment. Surfboards are provided.

Location: Moonlight Beach
Instructor: Brent Stephens

Date	Time	Day	Fee	Course
4/1 – 4/5	9am – 12pm	M-F	\$385	14151

SD Skatelite Camps (ages 5 - 13)

Join us at the Encinitas Skate Plaza for a week of skateboarding fun! Learn how to skate in a safe and controlled environment with expert instructors from SD Skatelite. This camp is designed to teach skateboarders of any level. Learn skateboarding fundamentals, meet guest professional skateboarders and make new friends. All participants must wear helmets, elbow and knee pads. Contact instructor for skateboard rental options: Andrew@sdskatelite.com.

Location: Skate Plaza at Encinitas Community Park
Instructor: Andrew Barbosa

Winter Break

Date	Time	Day	Fee	Course
1/2 – 1/5	9am – 1pm	Tu-F	\$180	14127

Spring Break

Date	Time	Day	Fee	Course
3/25 – 3/29	9am – 1pm	M-F	\$225	14147
4/1 – 4/5	9am – 1pm	M-F	\$225	14148

Spring into STEM using LEGO® (ages 5 - 9)

Celebrate the coming of Spring with Play-Well and tens of thousands of LEGO® parts! Build chirping birds, design blossoming flowers, and take a ride on a paddle boat. Design and build as never before and explore your craziest ideas.

Location: Encinitas Community Center
Instructor: Play-Well TEKologies

Date	Time	Day	Fee	Course
3/25 – 3/29	9am – 12pm	M-F	\$205	14099

LEGO® Design Challenge (ages 9 - 12)

Are you ready to up your engineering game? Our instructors will introduce mechanisms to get your gears turning; then, it's your job to take it to the next level! Go head-to-head or work towards a new personal best as we get ready to apply real-world concepts to LEGO® challenges!

Location: Encinitas Community Center
Instructor: Play-Well TEKologies

Date	Time	Day	Fee	Course
3/25 – 3/29	1 – 4pm	M-F	\$205	14103

Pokémon Engineering using LEGO® (ages 5 - 9)

Calling all Pokémon trainers! With the Pokémon Championship approaching, join our enthusiastic Play-Well Instructors as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master. Come along on our journey to catch 'em all!

Location: Encinitas Community Center
Instructor: Play-Well TEKologies

Date	Time	Day	Fee	Course
4/1 – 4/5	9am – 12pm	M-F	\$205	14104

Pokémon Master Engineering using LEGO® (ages 9 - 12)

Lego Master, I choose you! In the race to be crowned the Ultimate Pokémon Champion, we need your help! Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle of the title. Learn from our Play-Well Pokémon Masters so you can make it to the top!

Location: Encinitas Community Center
Instructor: Play-Well TEKologies

Date	Time	Day	Fee	Course
4/1 – 4/5	1 – 4pm	M-F	\$205	14105



YOUTH SCHOLARSHIPS: The City of Encinitas offers financial assistance for youth programs to Encinitas residents who meet income requirements. Please contact the Parks and Recreation Department office at (760) 633-2740 for more information.

LAS BECAS PARA JOVENES: La Ciudad de Encinitas ofrece asistencia financiera para programas juveniles a residentes de Encinitas que cumplan con los requisitos de ingresos. Para obtener más información, favor de comunicarse al Departamento de Parques y Recreación al (760) 633-2740.

DANCE AND MOVEMENT

Beat Breakers Hip Hop (ages 4 - 7)

This fun, high-energy kid's dance class enables boys and girls to let loose while developing creativity, coordination, musicality, and listening skills. Activities include hip hop, and dance games in a non-stop action-packed class that will have you movin' to the beats! All music and moves are age appropriate.

Location: Encinitas Community Center
Instructor: Brittany White Gonzales

Date	Time	Day	Fee	Course
1/9 - 2/20	5:20 - 6:15pm	Tu	\$130	13932
2/27 - 4/9	5:20 - 6:15pm	Tu	\$130	13933

FITNESS

Karate - Beginner (ages 6 - 17)

International Karate League: Modified Okinawa Shorin-Ryu. Learn fundamentals of traditional karate for the purpose of developing character, respect, conditioning, and self-protection. Taught by a Sensei with vast experience teaching children, teens, and adults in a fun, disciplined, and supportive environment. For more information visit www.ikl.org

Location: Encinitas Community Center
Instructor: Marc Pease

Date	Time	Day	Fee	Course
1/7 - 2/11	1:30 - 2:30pm	Su	\$36	13881
1/10 - 2/14	5:30 - 6:30pm	W	\$36	13885
2/18 - 3/17	1:30 - 2:30pm	Su	\$30	13940
2/21 - 3/20	5:30 - 6:30pm	W	\$30	13942

Karate - Intermediate (ages 6 - 17)

This karate class further develops physical ability, mental acuity, and strength of character. Learn how to move like a martial artist, improving balance, posture, breathing, and ambidexterity. Further exploration of kata (forms), kumite (sparring), and self-defense concepts. Entry to intermediate class requires instructor approval.

Location: Encinitas Community Center
Instructor: Marc Pease

Date	Time	Day	Fee	Course
1/7 - 2/11	1:30 - 3:30pm	Su	\$54	13883
1/10 - 2/14	5:30 - 7:30pm	W	\$54	13887
2/18 - 3/17	1:30 - 3:30pm	Su	\$45	13941
2/21 - 3/20	5:30 - 7:30pm	W	\$45	13943



Karate - Teen & Adult (ages 13 and up)

International Karate League: Modified Okinawa Shorin-Ryu. Learn fundamentals of traditional karate for the purpose of developing character, respect, conditioning, and self-protection. Taught by a Sensei with vast experience teaching children, teens, and adults in a fun, disciplined, and supportive environment. For more information visit www.ikl.org

Location: Encinitas Community Center
Instructor: Marc Pease

Date	Time	Day	Fee	Course
1/10 - 2/14	7:30 - 8:45pm	W	\$55	13889
2/21 - 3/20	7:30 - 8:45pm	W	\$48	13944



Follow Us!

Keep up with the latest in city news and happenings by following us on social media, including Facebook, Twitter and Instagram. You can find direct links to all of our feeds by visiting encinitasca.gov/socialmedia






SPECIAL INTEREST

Child and Babysitter Safety (ages 10 - 17)

Child and Babysitter Safety class is a community education program for youth ages 10-17, that covers child safety and basic care for infants and children. Topics covered include: sitter safety, infant and child feeding, diapering procedures, recognizing an emergency, child and infant CPR, and basic first aid for children. Participants receive a digital download of the booklet and a Babysitter certificate from the American Health & Safety Institute and an Infant/Child CPR certificate of participation upon completion. Instructor, Sue Lockhart, has been training babysitters in San Diego for 30 years. Group classes can also be scheduled for Girl Scout groups with a special discounted rate. Please bring a water bottle and light snack.

Location: Encinitas Community Center

Instructor: Lockhart Training



Date	Time	Day	Fee	Course
2/10	9:30am – 1:30pm	Sa	\$73	13846



PARENTS NIGHT OUT.



FRIDAY, DECEMBER 8

6 - 9 P.M.

Register

Your Children Ages
6-12 years old
Price: \$30 per child
2nd child discount

Parents, relax and take a load off while your children get their party on! Sign them up for a night of fun, festive crafts, playful games, yummy pizza, and a holiday movie @ the **Encinitas Community Center!** We'll keep the fun pumping while you soak up some date night time or get a head start on that holiday shopping.



Register here

EncinitasParksandRec.com 760-943-2250



Valentine's Day

Wednesday, Feb. 14, 6-8pm

Ages: 6y-12y | \$20 per child

Craving a romantic night out but can't find a sitter? No worries, we've got you covered! Leave your kids with us for an evening of fun filled games, dinner, and a movie. Send kids in their jammies so they will be ready for bed when you pick them up!



1140 Oakcrest Park Drive
Encinitas, CA 92024

Register here





Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

GOLF

Golf Clinic - Youth (ages 6 - 14)

Clinic will cover full swing, chipping, pitching, driving and sand shots. Clinic develops etiquette and knowledge of the game. All levels of players welcome. Bring your own equipment; otherwise, balls and clubs will be provided.

Location: Encinitas Ranch Golf Course
Instructor: Scott Newman

Date	Time	Day	Fee	Course
1/6 – 2/10	10 – 11am	Sa	\$250	14121
1/9 – 2/13	3:30 – 4:30pm	Tu	\$250	14117
1/10 – 2/14	3:30 – 4:30pm	W	\$250	14119
2/20 – 3/26	3:30 – 4:30pm	Tu	\$250	14118
2/21 – 3/27	3:30 – 4:30pm	W	\$250	14120
2/24 – 3/30	10 – 11am	Sa	\$250	14122

SKATEBOARDING

SD Skatelite Beginner Skateboarding Clinic (ages 5 - 10)

SD Skatelite expert instructor Andrew Barbosa is offering a beginner skateboarding class designed to teach the fundamentals of skateboarding in a safe and comfortable environment. This class will focus on fundamental balance exercises, skateboarding safety, skatepark etiquette, ramp skills and beginner trick progressions! No experience needed. All students must wear a helmet, elbow pads and knee pads to participate (not provided by instructor). Contact instructor for skateboard rental options at: Andrew@sdskatelite.com

Location: Skate Plaza at Encinitas Community Park
Instructor: Andrew Barbosa

Date	Time	Day	Fee	Course
1/7 – 2/11	9:30 – 10:30am	Su	\$120	14123
2/25 – 3/24	9:30 – 10:30am	Su	\$100	14124



We loved the attention and encouragement our kids received as part of the Skatelite camp. By the end of the week our kids were very comfortable on their boards even though they had never ridden before.

SD Skatelite Intermediate/Advanced Skateboarding (ages 5 - 13)

Participants will work on intermediate and advanced trick progressions, including flat ground flip tricks, stairs, grinds, creating competitive flow runs, airs, pool skating and much more. All students must wear a helmet, elbow pads and knee pads to participate (not provided by instructor). Contact instructor for skateboard rental options at: Andrew@sdskatelite.com

Location: Skate Plaza at Encinitas Community Park
Instructor: Andrew Barbosa

Date	Time	Day	Fee	Course
1/7 – 2/11	10:30 – 11:30am	Su	\$120	14125
2/25 – 3/24	10:30 – 11:30am	Su	\$100	14126

SD Skatelite Camps (ages 5 - 13)

Join us at the Encinitas Skate Plaza for a week of skateboarding fun! Learn how to skate in a safe and controlled environment with expert instructors from SD Skatelite. This camp is designed to teach skateboarders of any level. Learn skateboarding fundamentals, meet guest professional skateboarders and make new friends. All participants must wear helmets, elbow and knee pads. Contact instructor for skateboard rental options: Andrew@sdskatelite.com

Location: Skate Plaza at Encinitas Community Park
Instructor: Andrew Barbosa

Winter Break

Date	Time	Day	Fee	Course
1/2 – 1/5	9am – 1pm	Tu-F	\$180	14127

Spring Break

Date	Time	Day	Fee	Course
3/25 – 3/29	9am – 1pm	M-F	\$225	14147
4/1 – 4/5	9am – 1pm	M-F	\$225	14148

Code of Conduct

The City of Encinitas Parks, Recreation and Cultural Arts Department Code of Conduct is to ensure respectful and safe participation in Encinitas recreation programs and activities. Participants, as well as parents of participating minors, may be required to sign Code of Conduct forms to acknowledge program rules, goals, expected behavior and/or consequential actions to support a positive and valued learning and/or recreational experience. This Code is also to be considered and adhered to by all contracted, voluntary and other support staff.

SOCCER

Soccer Shots Clinics

Introduce your child to the beautiful game of soccer in a creative, age appropriate, non-competitive setting. Soccer Shots classes develop strong youth beyond just the game of soccer. Classes are taught by coaches who are passionate about working with children and teaching soccer.

Instructor: Soccer Shots

Mini (ages 2 - 3)

Location: Cardiff Sports Park

Date	Time	Day	Fee	Course
1/28 – 3/24	10:10 – 10:40am	Su	\$225	14141

Mini (ages 2 - 3)

Location: Encinitas Community Park

Date	Time	Day	Fee	Course
1/25 – 3/28	4:15 – 4:45pm	Th	\$250	14138
1/26 – 3/29	4:15 – 4:45pm	F	\$250	14140
1/27 – 3/23	10:10 – 10:40am	Sa	\$225	14142
1/30 – 4/2	4:15 – 4:45pm	Tu	\$250	14139

Classic (ages 3 - 6)

Location: Cardiff Sports Park

Date	Time	Day	Fee	Course
1/28 – 3/24	8:30 – 9:15am	Su	\$225	14130
1/28 – 3/24	9:20 – 10:05am	Su	\$225	14131
1/28 – 3/24	10:45 – 11:30am	Su	\$225	14132

Classic (ages 3 - 6)

Location: Encinitas Community Park

Date	Time	Day	Fee	Course
1/25 – 3/28	4:50 – 5:30pm	Th	\$250	14135
1/26 – 3/29	4:50 – 5:30pm	F	\$250	14137
1/27 – 3/23	8:30 – 9:15am	Sa	\$225	14129
1/27 – 3/23	9:20 – 10:05am	Sa	\$225	14133
1/27 – 3/23	10:45 – 11:30am	Sa	\$225	14134
1/30 – 4/2	4:50 – 5:30pm	Tu	\$250	14136

Premier (ages 5 - 10)

Location: Cardiff Sports Park

Date	Time	Day	Fee	Course
1/28 – 3/24	11:35am – 12:20pm	Su	\$225	14143

Premier (ages 5 - 10)

Location: Encinitas Community Park

Date	Time	Day	Fee	Course
1/25 – 3/28	5:30 – 6:10pm	Th	\$250	14158
1/26 – 3/29	5:30 – 6:10pm	F	\$250	14156
1/27 – 3/23	11:35am – 12:20pm	Sa	\$225	14144
1/30 – 4/2	5:30 – 6:10pm	Tu	\$250	14157

SURF

Little Groms Surf School (ages 5 - 8)

Dedicated to our next generation of surfers and watermen who are just ready to hit the water but may be a bit scared. Your child will learn ocean safety, develop skills to swim in the ocean, bodyboard, and surf, while making some new surf buddies!

Location: Moonlight Beach

Instructor: Brent Stephens

Date	Time	Day	Fee	Course
3/5 – 3/26	3:30 – 5pm	Tu	\$290	14113
3/6 – 3/27	3:30 – 5pm	W	\$290	14114

Big Groms Surf School (ages 9 - 16)

Surfing fundamentals, proper techniques, skill development, and ocean safety are taught to participants in a well-supervised and fun environment. Our professional and experienced staff will make sure students have a great time, whether just beginning to surf or focused on improving their current set of skills.

Location: Moonlight Beach

Instructor: Brent Stephens

Date	Time	Day	Fee	Course
3/5 – 3/26	3:30 – 5pm	Tu	\$290	14111
3/6 – 3/27	3:30 – 5pm	W	\$290	14112

Little Groms Spring Break Surf Camp (ages 5 - 8)

This camp is dedicated to our next generation of surfers and water kids that are just getting ready to hit the ocean. Our focus is ocean safety, surfing, boogie boarding, bodysurfing and swimming in the ocean. We allow kids to progress at their own pace in this camp, not pushing them past their comfort level. For more info check out: www.TheLittleGroms.com

Location: Moonlight Beach

Instructor: Brent Stephens

Date	Time	Day	Fee	Course
4/1 – 4/5	9am – 12pm	M-F	\$385	14150

Big Groms Spring Break Surf Camp (ages 9 - 16)

This surf camp teaches proper surfing fundamentals and techniques with an emphasis on skill development and ocean safety. Surf camp is ideal for BEGINNER and INTERMEDIATE level participants that want to become more efficient surfers. Experienced staff will work with campers individually and in small groups to create a fun and productive environment. Surfboards are provided.

Location: Moonlight Beach

Instructor: Brent Stephens

Date	Time	Day	Fee	Course
4/1 – 4/5	9am – 12pm	M-F	\$385	14151

BEACH VOLLEYBALL

Sinjin Smith Beach Volleyball Class (ages 6 -16)

Sinjin Smith presents beach volleyball class every Saturday at Moonlight Beach!! Learn from coaching staff that have learned from the king himself. Beach Volleyball coaches will help each participant develop their beach volleyball skills in a fun and safe setting on the sand. Sinjin makes appearances all the time, join us for a chance to meet the king of the beach! For more information please visit: www.beachvolleyballcamps.com

Location: Moonlight Beach

Instructor: Sinjin Smith

Date	Time	Day	Fee	Course
1/13 – 2/17	9 – 10:30am	Sa	\$180	14152
2/24 – 3/30	9 – 10:30am	Sa	\$180	14153



Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

BASKETBALL

Women's Basketball League

The Women's Basketball League is for players of all abilities 18 and up. Games are played on Monday nights. All teams will play approximately 10 regular season games and a championship tournament for the top four teams in the league. Game times are based on number of teams in the league. Individual sign up only prior to the player draft. Players are then placed on teams. Registration fee \$300/team plus an additional fee for Officials at \$73/game. Fees are collected by the League Administrator. Please call (760) 943-2269 for more information.

Location: Encinitas Community Center Gymnasium
League Administrator: Alexia Ramirez

Date	Time	Day	Fee	Course
1/8 – 4/1	6 – 9pm	M	\$300	14095
No Program 1/15 and 2/19				

Women's Basketball Lunch League

Calling all female basketball players! Come join the Encinitas Ladies only lunch league. Games are full court and are a great way to get your cardio in, make new friends and keep your game on point. Times may vary due to other recreation programs. Please review Monthly Gym Calendar for confirmation of times.

Location: Encinitas Community Center Gymnasium
League Administrator: Allison Swanger

Date	Time	Day	Fee	Course
1/2 – 3/29	11am – 12pm	Tu, F	\$35	14096

Men's Basketball Lunch League

Work got you stressed out? Relieve your stress with a little lunch time basketball. Our lunch league consists of full court games designed to keep the action moving. Teams are formed daily, and games are twelve minutes in duration. Come join the action! Times may vary due to other recreation programs. Please review the Monthly Gym Calendar for confirmation of times.

Location: Encinitas Community Center Gymnasium
League Administrator: Jeran Fraser

Date	Time	Day	Fee	Course
1/2 – 3/29	12 – 1pm	M-F	\$88	14092
No Program 1/1, 1/15, 2/19				

Code of Conduct

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Morning Basketball

Get your morning hoops on at the Community Center. This is a great way to get in shape while having fun. Games are played 5 on 5 full court. Games are based on continuous play to promote great cardio by keeping games moving.

Location: Encinitas Community Center Gymnasium

Saturdays – League Administrator: Paul Klock

Date	Time	Day	Fee	Course
1/6 – 3/30	8 – 10am	Sa	\$35	14093

Sundays – League Administration: Adam Fowler

Date	Time	Day	Fee	Course
1/7 – 3/24	8 – 10am	Su	\$35	14094

GOLF

Golf Clinic - Adult

Camp will cover full swing, chipping, pitching, driving and sand shots. Clinic develops etiquette and knowledge of the game. All levels of players welcome. Bring your own equipment; otherwise, balls and clubs will be provided.

Location: Encinitas Ranch Golf Course

Instructor: Scott Newman

Date	Time	Day	Fee	Course
1/6 – 2/10	11:15am – 12:15pm	Sa	\$250	14115
2/24 – 3/30	11:15am – 12:15pm	Sa	\$250	14116



VOLLEYBALL

Adult Indoor Volleyball

This adult coed volleyball program is for anyone 18 and up who wants to play without forming a team, having a team captain, or requiring a roster! In other words, it is a more structured open gym where you can come and play in a fun and social environment. There will be 2 courts available based loosely on level of play: beginner, intermediate, and advanced. Players will be assigned to one of four teams each evening. Ideal participants will have strong skills in passing, setting, and attacking in 6-person role-based play (setter, middle hitter/blocker, outside hitter, etc.). Team assignments will change weekly based on availability of players and their skills and positional strength's. This gameplay is intended to be friendly, but competitive and sportsmanlike. We look forward to seeing you there!

Location: Encinitas Community Center Gymnasium

League Administrator: Aaron Hudson

Date	Time	Day	Fee	Course
1/9 – 3/26	6 – 8pm	Tu	\$50	14091

PICKLEBALL

Let's Play Pickleball for Beginners

Do you want to learn and improve your game and enjoy it more? These instructional clinics are catered to the beginning player focusing exclusively on the physical aspects of pickleball. Instructor Ron Dashwood will share his knowledge and passion for the game. His coaching philosophy is based on early preparation, proper paddle position, and playing intentionally to promote optimal shot selection. Most of all he wants his students to enjoy their time on the court. Must provide your own paddle.

Location: Encinitas Community Center Gymnasium

Instructor: Ron Dashwood

Date	Time	Day	Fee	Course
2/7 – 3/27	5 – 6pm	W	\$100	14154
2/7 – 3/27	6 – 7pm	W	\$100	14155
No Program 2/19				



SOFTBALL

Adult Men's Softball - Wednesdays

Get outside and enjoy the beautiful southern California weather by playing some softball. Get your friends and co-workers together and register a team in the upcoming softball league. Teams are responsible for league fee. For more information, please call 760-633-2756.

Location: Cardiff Sports Park – Fields 1 & 2
Instructor: Recreation Staff

Date	Time	Day	Fee	Course
2/7 – 6/5	6 – 9pm	W	\$700	14145

Adult Men's Softball - Thursdays

Get outside and enjoy the beautiful southern California weather by playing some softball. Get your friends and co-workers together and register a team in the upcoming softball league. Teams are responsible for league fee. For more information, please call 760-633-2756.

Location: Cardiff Sports Park – Fields 1 & 2
Instructor: Recreation Staff

Date	Time	Day	Fee	Course
2/8 – 6/6	6 – 9pm	Th	\$700	14146

KICKBALL

Adult Coed Kickball

Get outside and enjoy the beautiful southern California weather by playing some coed kickball. Get your friends and co-workers together and register a team in the upcoming kickball league. Teams are responsible for league fee. For more information, please call 760-633-2756.

Location: Cardiff Sports Park - Fields 3 & 4
Instructor: Recreation Staff

Date	Time	Day	Fee	Course
3/4 – 5/20	6 – 9pm	M	\$275	14149

OPEN GYM

AT THE ENCINITAS COMMUNITY CENTER

Did you know that the Encinitas Community Center offers open gym hours throughout the week?

Drop-in gymnasium use is allocated for basketball, pickleball and badminton, no membership required. Details can be found on the monthly Open Gym Calendar.

BASKETBALL

PICKLEBALL

BADMINTON



MONTHLY OPEN GYM CALENDAR AVAILABLE AT:
ENCINITASCA.GOV/COMMUNITY-SENIOR-CENTER



Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

DANCE AND MOVEMENT

Ballet 15 and Up - Beginner

It is never too late to take ballet! Sculpt long lean muscles, burn calories, build strength, improve flexibility, coordination, and balance. Quality training at a beginning level taught by former professional dancer Marti Neal in a relaxed, easy to learn class accompanied by music. Wear closely fitted dancewear and ballet slippers after first class meeting.

Location: Encinitas Community Center
Instructor: Marti Neal

Date	Time	Day	Fee	Course
1/2 – 1/30	6:30 – 7:30pm	Tu	\$80	13907
2/6 – 2/27	6:30 – 7:30pm	Tu	\$64	13908
3/5 – 3/26	6:30 – 7:30pm	Tu	\$64	13945

Ballet 15 and Up - Intermediate

It is never too late to take ballet! Sculpt long lean muscles, burn calories, build strength, improve flexibility, coordination and balance. Quality training at an intermediate level taught by former professional dancer Marti Neal in a relaxed, easy to learn class accompanied by music. Wear closely fitted dancewear and ballet slippers after first class meeting.

Location: Encinitas Community Center
Instructor: Marti Neal

Date	Time	Day	Fee	Course
1/2 – 1/30	7:30 – 8:45pm	Tu	\$80	14106
2/6 – 2/27	7:30 – 8:45pm	Tu	\$64	14107
3/5 – 3/26	7:30 – 8:45pm	Tu	\$64	14108

Balance, Functional Strength and Mobility

This class will focus on the principles of strength, balance and endurance through exercise and education by highlighting the importance of engagement in daily activities, routines, and hobbies to promote mental health and maximize cognition.

Location: Encinitas Community Center
Instructor: Matt Eclevia

Date	Time	Day	Fee	Course
1/8 – 2/26	10 – 11am	M	\$360	14175
3/4 – 4/8	10 – 11am	M	\$360	14176
No Program 1/15 and 2/19				

Soul Line Dancing Class

Line dancing was never meant to be limited to country western tunes. SOUL line dances are choreographed to R&B, jazz, Latin and many of your favorite Motown tunes. Grab a friend and come give it a try. No partner or experience needed. Secure footwear required.

Location: Encinitas Community Center
Instructor: Pamela Jackson

Date	Time	Day	Fee	Course
1/11 – 2/15	6:30 – 8pm	Th	\$59	14110

Belly Dancing

Come learn the ancient art of Belly Dance! Dance to beautiful Middle Eastern music and learn basic dance steps and easy choreography. Improve flexibility, muscle tone and coordination. Make new friends! The instructor was a Professional Cabaret Belly Dancer ("Sheerah") in SD County for 10 years and taught Lebanese style belly dance with "Gypsy" energy for 16+ years. Wear hip scarf with coins or beads and comfortable clothing/shoes to move across the dance floor.

Location: Encinitas Community Center
Instructor: Vicki Deriso

Date	Time	Day	Fee	Course
1/8 – 2/5	5 – 6pm	M	\$64	14039
2/12 – 3/11	5 – 6pm	M	\$64	14040
No Program 1/15 and 2/19				

FITNESS

Walking Club

Join us for a fun and engaging morning of walking and socializing at the Encinitas Community Center! Participants will have the opportunity to take a leisurely walk that starts at the center while chatting and getting to know one another. This is the perfect opportunity to meet new friends, get some exercise, and enjoy the outdoors. All levels of walking ability are welcome, so come join us for a great time! Walks take place every Tuesday at 9:00am. Participants will meet at the Encinitas Community & Senior Center.

Location: Encinitas Community Center
Instructor: Recreation Staff

Date	Time	Day	Fee	Course
1/10 – 3/27	9 – 10am	W	Free	14097

T'ai Chi Chih - Beginner

Experience the transformative power of T'ai Chi Chih as you harmonize your body, mind, and spirit. This moving mindfulness meditation consists of 19 gentle, non-martial movements that circulate and balance the cosmic energy. Whatever your fitness level, you can cultivate health, serenity, longevity, and vitality through T'ai Chi Chih.

Location: Encinitas Community Center
Instructor: Christina Tillotson

Date	Time	Day	Fee	Course
1/8 – 2/26	6:30 – 7:45pm	M	\$72	13854
No Program 1/15 and 2/19				

T'ai Chi Chih - Intermediate

Experience the transformative power of T'ai Chi Chih as you harmonize your body, mind, and spirit. This moving mindfulness meditation consists of 19 gentle, non-martial movements that circulate and balance the cosmic energy. Whatever your fitness level, you can cultivate health, serenity, longevity, and vitality through T'ai Chi Chih.

Location: Encinitas Community Center
Instructor: Christina Tillotson

Date	Time	Day	Fee	Course
3/4 – 3/25	6:30 – 7:30pm	M	\$48	14054

SPECIAL INTEREST

Herbalism: Winter Plant Medicine Making

The use of plants for wellness is common to all cultures across time and widely popular today. Join us as we engage in herbal medicine making from homegrown and wildcrafted plants as well as certified organic sources. We'll see, touch, taste and smell herbs and explore their role in wellness.

Location: Encinitas Community Center
Instructor: Sally Seitz

Date	Time	Day	Fee	Course
1/10 – 2/14	12:30 – 1:30pm	W	\$60	13904
2/21 – 3/27	12:30 – 1:30pm	W	\$60	14056

Watercolor and More

In this class you will learn about the fundamentals of design, the importance of line work and drawing, color mixing and color theory, brushwork and blending techniques and fun techniques for abstraction and expression. No previous experience is necessary. All skill levels are welcome.

Location: Encinitas Community Center
Instructor: Amy Redfeather

Date	Time	Day	Fee	Course
1/19 – 2/23	10am – 12pm	F	\$60	14168
3/8 – 4/12	10am – 12pm	F	\$60	14169



1140 OAKCREST PARK DRIVE
 FRONT COUNTER: (760) 943-2250
 LUNCH RESERVATIONS: (760) 943-2258
 HOURS: M - F, 8AM - 4PM

Programs are offered for adults 50 plus, unless otherwise noted. Classes are subject to change and may be canceled if minimum participation is not met.

Fee-based classes for the session require payment in full at the time of enrollment. You may register online, by mail, or in person.

Search Course # for complete program information. Non-residents add \$3 to registration fee. A \$1 processing fee will be added to each Senior program for residents and \$2.70 for non-residents.

DANCE AND MOVEMENT

Winter Social Dances

Prepare to move to the music and dress to impress at the winter social dances. Everyone's invited, whether you're coming solo or with a partner.

Program registration required, in-person at the center or online. Processing fees will apply.

Location: Encinitas Senior Center

Date	Time	Day	Fee	Course	Theme
1/19	2 - 4pm	F	\$7	14172	Winter Wonderland
2/16	2 - 4pm	F	\$7	14173	Valentine's Day
3/15	2 - 4pm	F	\$7	14174	All that Glitters is Gold

Qi Gong

Qi Gong is an ancient system developed in Asia for overall fitness and health. Participants will engage in simple, fluid motions as well as standing and sitting.

Location: Encinitas Senior Center
 Instructor: Andrew Jones

Date	Time	Day	Fee	Course
1/8 - 2/12	8:30 - 9:30am	M	\$35	14164
1/11 - 2/15	8:30 - 9:30am	Th	\$35	14166
2/26 - 3/25	8:30 - 9:30am	M	\$35	14165
2/22 - 3/28	8:30 - 9:30am	Th	\$35	14167
No Program 1/15				

FITNESS

Balance and Movement

Learn and practice easy movements to improve balance and reduce the risk of falling. By developing stability and coordination one will see improvement and gain confidence. One will learn to create a routine to do on your own at home.

Location: Encinitas Senior Center
Instructor: Mordy Levine

Date	Time	Day	Fee	Course
1/4 – 2/8	10 – 11am	Th	\$42	13948
2/15 – 3/28	10 – 11am	Th	\$49	13949

Golden and Toned

Golden and toned is tailored for active older adults, who want to focus on muscle conditioning with light weight activity and some dancing. This class blends the sounds of a Latin music party while doing a total body workout. Low to moderate intensity strength training with 1-pound weights or no weights at all. On occasion resistance bands may be used but not necessary. Be ready to have fun and tone up in this 30-minute class.

Location: Encinitas Senior Center
Instructor: Lori Massey

Date	Time	Day	Fee	Course
1/8 – 2/12	9 – 9:30am	M	\$35	13900
2/26 – 3/25	9 – 9:30am	M	\$35	13939
No Program 1/15				



Health Barre

In this effective total-body conditioning program you will improve your posture, muscle-tone, and strength with basic pilates and ballet movements. Work your entire body using light weights, bands, ballet barre, and your own body weight as well as other methods of resistance to promote lean muscle. Please bring a mat, 1 or 2 lb. hand weights, water, and a towel.

Location: Encinitas Senior Center
Instructor: Lori Massey

Date	Time	Day	Fee	Course
1/8 – 2/12	9:45 – 10:45am	M	\$35	13891
2/26 – 3/25	9:45 – 10:45am	M	\$35	13934
1/9 – 2/13	9 – 10am	Tu	\$42	13892
2/20 – 3/26	9 – 10am	Tu	\$42	13893
1/11 – 2/15	9 – 10am	Th	\$42	13894
2/22 – 3/28	9 – 10am	Th	\$42	13895
No Program 1/15				

T'ai Chi Chih – Intermediate/ Open to Beginners

Experience the transformative power of T'ai Chi Chih as you harmonize your body, mind, and spirit. This moving mindfulness meditation consists of 19 gentle, non-martial movements that circulate and balance the cosmic energy. Whatever your fitness level, you can cultivate health, serenity, longevity, and vitality through T'ai Chi Chih.

Location: Encinitas Senior Center
Instructor: Christina Tillotson

Date	Time	Day	Fee	Course
1/10 – 2/14	10:30 – 11:30am	W	\$42	13857
2/28 – 3/27	10:30 – 11:30am	W	\$42	14055

Every-Body Yoga

Revitalize your whole being with yoga while strengthening and enhancing flexibility in joints, bones, organs, and muscles. Learn the principles of alignment while deepening your ability to enjoy life in each moment. Breath, poses, and balance are an integral part. Create Stamina from the inside out and feel the difference. Please bring a yoga mat, sitting cushion or beach towel to class.

Location: Encinitas Senior Center
Instructor: Lynda Light

Date	Time	Day	Fee	Course
1/10 – 2/14	12 – 1pm	W	\$42	14007
2/21 – 3/27	12 – 1pm	W	\$42	14058



Have you tried Zumba and been overwhelmed? This program is especially designed for the active over 50 group. Latin rhythms inspire moves to exercise the brain, heart, and all the major muscle groups. You'll enjoy dancing and get a cardio workout. Bring water, dress lightly, and come party with us!

Location: Encinitas Senior Center
Instructor: Lori Massey

Date	Time	Day	Fee	Course
1/9 – 2/13	10:15 – 11:15am	Tu	\$42	13896
1/11 – 2/15	10:15 – 11:15am	Th	\$42	13898
2/20 – 3/26	10:15 – 11:15am	Tu	\$42	13897
2/22 – 3/28	10:15 – 11:15am	Th	\$42	13899

Sponsor an Event at the Encinitas Senior Center

The City's Senior Center would not be able to do what it does without the generous partnerships it has built within the community. A variety of sponsorship packages are available. If you would like to partner with the Encinitas Senior Center, please call 760-943-2250 or email aeustace@encinitasca.gov for a sponsorship application.

WE'RE HIRING!



Get Paid to Play!

- Camps
- Arts
- Events
- Front Desk
- Lifeguards

governmentjobs.com/careers/encinitasca



FREE PROGRAMS FOR AGES 50 +

In-person registration is required for all free programs. Online registration is not available. Programs subject to change based on class enrollment, room availability and volunteer facilitator availability. Visit EncinitasParksandRec.com for full course details.

Class	Course#	Description	M	Tu	W	Th	F
AARP Tax Aid	14049	Tax assistance	Free tax assistance for seniors Mondays and Tuesdays 2/5 - 4/9. Appointment line will open on Feb 15. Call (760) 706-0540 to book.				
Blood Pressure Clinic	14062	An EMT will check your blood pressure				3rd Th 9:30am-12:30pm	1st Fri 9:30am-12:30pm
Book Club	14065	Read, review, and analyze books	3rd Wed, 1 - 2:30pm - Call (760) 943-2250 for reading list				
Computer Lab	14084	Use computers for fun or research	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm
Computer Tutor	14085	Assistance with computer needs			9:30 - 11am	9 - 10:30am	
Current Events	14069	Discuss current events		1 - 2:30pm			
Elder Law & Advocacy	14082	Call (858) 565-1392 - Phone appointment only					
HICAP	14089	Call (858) 565-8772 - Phone appointment only					
Practicing Italian	14070	Practice speaking, reading, and writing in Italian				12:30 - 2:30pm	
Mah Jong	14066	Tile-based game				12 - 3:00pm	
Party Bridge	14074	Card game				12:30 - 3:30pm	
Pool Open Play	14063	Open play billiards	8am - 3:45pm	8 - 10am	8am - 3:45pm	8 - 10am	8am - 3:45pm
Pool - 8-Ball	14077	Weekly No Handicap Pool Tournament				10am - 3:45pm	
Pool - 9-Ball	14078	Weekly Handicap Pool Tournament		10am - 3:45pm			
Challenge Cup Pool - 8-Ball	14075	Challenge Cup Tourny No Handicap		10am - 3:45pm 2/13			
Challenge Cup Pool - 9-Ball	14076	Challenge Cup Tourny No Handicap				10am - 3:45pm 1/11 & 3/21	
Senior Citizen Commission	14081	Meetings held at Encinitas City Hall	3rd Tu 2pm - No Meetings: July & December				
Silver Age Yoga	13917 14059	Chair or mat gentle yoga class	2 - 3pm	Session 1: 1/8 - 2/12 Session 2: 2/26 - 3/25			
Sittin' and Knittin' Group	14067	Knitting		10am - 12pm			
Stamp Club	14068	Stamp collecting enthusiasts			1st Wed 10 - 11:30am		
Walking Club	14097	Walking Group for all levels		9 - 10am			

No Programs 1/15 & 2/19

NUTRITION

Oakcrest Cafe

The Oakcrest Cafe offers daily nutritious lunches in a welcoming environment. Reservations are required and can be made up until 12pm the business day before you would like a meal by calling (760) 943-2258. The suggested meal contribution is \$4 per meal for adults 60+ and a mandatory \$7 fee per meal for those under 60. Please make checks payable to the City of Encinitas.



Check-in time for lunch is 11:00-11:30am. Lunch is served at 11:40am. The Oakcrest Cafe is supported by the City of Encinitas and general meal donations. No eligible person shall be denied a meal because of failure or inability to contribute. Please note, a registration form is required for all participants and must be updated annually.

Encinitas Senior Center Lunch Transportation

Transportation is available for eligible senior citizens (60+) to and from the Senior Center for lunches Monday through Friday. If you or someone you know is interested in rides to the lunches, call (760) 943-2258 to request an application. Suggested \$2 donation per round-trip van ride.

OUTREACH SERVICES

Project C.A.R.E.

Project C.A.R.E. is a FREE "Safety Net" program of services for Encinitas seniors. If you live alone, this is a great resource. Services include: Vial of Life, Home Safety Check and information and referrals. Call (760) 943-2250 for more information.

TRANSPORTATION

NCTD LIFT Paratransit

LIFT offers curb-to-curb transportation for ADA certified passengers. For information and an application visit www.gonctd.com/lift. To schedule a ride, call (760) 726-1111.

NCTD Breeze

For information about North County Transit District's public transportation options, call customer service at (760) 966-6500.

On The Go Senior Transportation

Offered by Jewish Family Service. Call (858) 637-3210 or visit www.jfssd.org/onthego for more information.



**BECOME AN
ENCINITAS
VIP
VOLUNTEER
IN PURPOSE**

Encinitas Volunteers In Purpose (VIP) is an opportunity to share your passion and talents while making connections for a cause. Volunteers of all ages learn and grow while supporting the community, city projects, and goals.

The benefits are endless and include developing new relationships, learning new skills, and improving health and wellness. The City of Encinitas offers a variety of V.I.P. opportunities to include programs for Adults 50 +, Events, Cultural Arts, Green Initiatives, Parks, Trails, and more. Apply now to start making a difference in Encinitas today.

Visit www.EncinitasCA.gov/Volunteers for more information and to apply.

WINTER REGISTRATION OPENS: 8AM, DEC 4, 2023



ONLINE:

1. Visit www.EncinitasParksandRec.com
2. Click on Programs
3. Create an account or login
4. Search for an activity by course # or keyword
5. Add to Shopping Cart
6. Review enrollment and confirm selections
7. Accept waiver and pay

Resident is defined as an individual or organization residing or based within the boundaries of the City of Encinitas, with a US Postal Service Code of 92024 or 92007. Use of a City PO Box mailing address is not considered residency.

All activities subject to time/date change. \$2.70 non-refundable registration processing fee is included in each course (\$1 fee for residents in Senior Center programs). Credit card transactions will be charged an additional 3.4%.

MAIL-IN:

Mail your completed and signed Activity Registration Form with payment to the City of Encinitas Parks, Recreation and Cultural Arts Department, 505 S. Vulcan Avenue, Encinitas, CA 92024.

PROGRAM TRANSFER POLICY:

Transfers may be requested up to five (5) calendar days before the start of the program by emailing prca@encinitasca.gov and will incur a \$10 transfer fee if the transfer is to a program of equal or lesser value. Transfers to a program of greater value will include the transfer fee, program fee difference, and an additional processing fee.

Transfer requests by phone or by leaving a message will not be considered. Transfer requests made less than five (5) calendar days before the start of the class must be submitted by email to prca@encinitasca.gov. Transfer requests made less than five (5) calendar days are date-stamped and reviewed by management.

REFUND/CANCELLATION POLICY:

Activities are subject to change. A full refund will be given if the City cancels the activity.

- Refunds requested ten (10) days before the first program meeting date may be granted minus a \$20 cancellation fee, \$10 for senior programs.

Refunds requested five (5) calendar days before the first program meeting date may be granted minus 25% of the registration fee or \$20, whichever is greater.

Refund requests should be emailed to prca@encinitasca.gov. No refunds will be issued for inclement weather. Prorated refunds may be given for a medical reason, based on the number of unattended days. Medical verification is required with a doctor signature and must be submitted no later than five (5) calendar days after the medical incident. Refund requests made less than five (5) calendar days before the start of the class must be submitted by email to prca@encinitasca.gov. Refund requests made less than five (5) calendar days are date-stamped and reviewed by the division head. Submission of request does not guarantee approval.

WAITING LIST POLICY:

Those on the waiting list that receive notification by phone or email that a spot has opened; have until 5:00pm the next City business day to secure registration. You may confirm your registration by calling (760) 633-2740 or (760) 943-2250 to talk to a live customer service representative. Voicemails will not be accepted and do not confirm registration.

INCLUSION POLICY:

The City is an affirmative action public entity and does not discriminate on the basis of race/color, ethnic origin, national origin, gender, gender identity, religion, age, veteran status or physical or mental disability in employment or the provision of service. The City of Encinitas Parks, Recreation and Cultural Arts Department is committed to the support of inclusive programs and opportunities to increase individual potential for full and active participation in all activities and experiences. Requests for accommodations will be considered on a case-by-case basis. If you require an accommodation, or need further information concerning inclusive or specialized recreation and accommodation for a city program, please contact us as soon as possible or no later than 72-hours prior to disability accommodations being needed via email at prca@encinitasca.gov or call (760) 633-2740.



Pulling from regional, national, and sometimes international talent, this series showcases exceptional talent from across Southern California and beyond. This year's series is presented in partnership with the San Diego Music Society under the artistic direction of Paul Tseng.

Upcoming concert dates:

Jan 26, 2024

Feb 23, 2024

Mar 22, 2024

Apr 19, 2024

May 31, 2024

Jun 14, 2024

Concerts start at 7:30pm. Doors open at 6:45pm. Tickets are \$20 in advance, \$25 at the door, \$10 for students. Season passes are \$145.

Tickets for the 2023-24 season are on sale now. Visit www.encinitasca.gov/concerts or scan the QR code below for tickets and concert details or call (760) 633-2746.

**All concerts
take place at the
Encinitas Library
540 Cornish Drive
Encinitas 92024**



“One of the best ways to spend a Wednesday afternoon.”-San Diego Union Tribune

Featuring outstanding musicians from around town and across the globe performing all styles of music, these concerts are part of the most highly attended daytime series in the county.

Admission is free with 100% of all donations going to the performers.

Doors open at 11:30am and close at noon or when capacity is reached.

Visit www.EncinitasCA.gov/concerts to see who is performing.

PLEASE NOTE: THERE IS NO CONCERT ON DECEMBER 27



Michelle Wake

IMPORTANT DATES:

MARCH 27, 2024

Deadline to submit video performance of selected concerto movement measures with \$35 non-refundable registration fee.

MAY 4, 2024

Finalists competition of full concerto movements on the Steinway D concert grand piano at the Encinitas Community Center.

JUNE 15, 2024

North Coast Symphony Orchestra concert featuring the first place winners performing their selected concerti.

Youth in grades K-12 are invited to compete for the first place prize of a \$250 performance contract for one movement of a concerto with the North Coast Symphony Orchestra.

One winner will be selected for each of the three concerti movements to be performed with the orchestra.



YOUTH PIANO CONCERTO COMPETITION

FULL DETAILS:



EncinitasCA.gov/arts
or scan the QR code



Don't Miss This Beloved Holiday Tradition!

The City of Encinitas Cultural Arts Division will present Encinitas Ballet this winter in a joyful event for all ages to enjoy at the Encinitas Community Center. Audiences can expect an uplifting and magical performance of Tchaikovsky's Nutcracker complete with a dazzling holiday party, giant mice doing battle with toy soldiers, dancing snowflakes, a Nutcracker that transforms into a handsome prince, and exotic dances from around the world.

Saturday, December 16
Two Shows: 1pm & 5pm

Tickets available online EncinitasCA.gov/arts
or call 760-633-2746



PARKS, RECREATION
AND CULTURAL ARTS

ART NIGHT

ENCINITAS

MAR 9 AND JUN 29
5:30 - 8:30PM

Enjoy a Saturday evening of visual art as Encinitas civic art spaces and local art galleries swing open their doors at Art Night Encinitas from 5:30-8:30pm. The event celebrates the city's diverse visual art scene at participating locations and is free to the public. Enjoy live music and refreshments at several locations.

Art Night Encinitas was conceived by the Commission for the Arts to bring focus to the civic art spaces and thriving visual art scene in Encinitas. The night benefits artists through the sale of their art and provides the public an opportunity to interact with artists and learn about the creative process.

Free Shuttle Service: Catch a ride on one of the shuttle buses that will transport the public between all three civic art spaces as well additional stops to access participating spaces. Its free! You can park at Encinitas City Hall, the Encinitas Community Center, and the Encinitas Library to easily access the shuttle.

For more information, visit: www.EncinitasCA.Gov/ArtNight
Special thanks to Art Night Encinitas sponsors for their generous support:



Anyone who is interested in any of the above programming can find more information by contacting the Cultural Arts Division at (760) 633-2746, or by email arts@encinitasca.gov





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ENCINITAS COMMUNITY PARK SPRING EGG HUNT

**SATURDAY
MARCH 30**

EGG HUNT TIMES:
10:15AM | 11:00AM | 11:45AM
LOWER FIELD – AGES 5 & UP
UPPER FIELD – AGES 4 & UNDER

LIVE ENTERTAINMENT BY HULLABALOO
BUNNY VISITS • FACE PAINTING • SPRING CRAFTS

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EVENT SPONSORS



BEAM
ORTHODONTICS

FOR EVENT DETAILS

VISIT WWW.ENCINITASPARKSANDREC.COM OR CALL (760) 633-2740