



PARKS, RECREATION AND CULTURAL ARTS

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Welcome

CONNECT WITH US!

City of Encinitas Parks, Recreation and Cultural Arts Department

Phone: (760) 633-2740
Fax: (760) 633-2626
505 S. Vulcan Avenue
Encinitas, CA 92024
Email: prca@encinitasca.gov

Youth Commission

Meets the first Wednesday of every month (September - June), 4:30pm

Senior Citizen Commission

Meets the third Tuesday of every month (no meeting in July and December), 2:00pm

Commission for the Arts

Meets the first Monday of every month (no meeting in July), 5:00pm

Parks and Recreation Commission

Meets the third Tuesday of every month (no meeting in December), 5:30pm

Visit EncinitasCA.gov for City Commission information

Encinitas Community and Senior Center

Community and Senior Center Phone: (760) 943-2250
Community & Senior Center Fax: (760) 943-2262
1140 Oakcrest Park Drive
Encinitas, CA 92024

Youth Scholarships:

The City of Encinitas offers financial assistance for youth programs to Encinitas Residents who meet income requirements. Please contact the Parks, Recreation and Cultural Arts Department office at 760-633-2740 for more information.

Las Becas para Jovenes:

La Ciudad de Encinitas ofrece asistencia financiera para programas juveniles a residentes de Encinitas que cumplan con los requisitos de ingresos. Para obtener más información, favor de comunicarse al Departamento de Parques, Recreación y Artes Culturales al (760) 633-2740.

Program Fees - Youth & Adult

Non Resident Program Cost up to \$100 - add \$15
Non Resident Program Cost \$101 - \$200 - add \$20
Non Resident Program Cost \$201 and up - add \$25
ActiveNet Transaction Fee \$2.70

Program Fees Adult 50+

Non Residents - add \$3
Resident ActiveNet Transaction fee \$1
Non Resident ActiveNet Transaction Fee \$2.70

Credit card transaction fees will be charged @ 3.4%

PROGRAM ACCOMMODATIONS

The City of Encinitas Parks, Recreation and Cultural Arts Department is committed to providing inclusive programs and opportunities to increase individual potential for full and active participation in all activities and experiences. Requests for accommodations will be considered on a case-by-case basis.

If you require an accommodation, or need further information concerning inclusive or specialized recreation and accommodation for a city program, please contact us with at least 72 hours notice before the activity date. To request accommodation or for additional information, please email prca@encinitasca.gov or call (760) 633-2740.

FALL 2023

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**NO SMOKING • NO VAPING
IN ALL PUBLIC PLACES**



**For more information,
scan the QR Code.**

SITE	FACILITY NAME	TRAIL HEAD	PLAYGROUND	PICNIC PAVILION	BATHROOMS	OFF-LEASH HOURS	DOG PARK	OCEAN VIEW	BASKETBALL	VOLLEYBALL	BASEBALL	SOCCER	TENNIS	PICKLEBALL	HORSE SHOES	BOCCE BALL	SKATE PARK	EQUESTRIAN	BBQ GRILL	ADA ACCESSIBLE	ADDRESS
PARKS																					
P1	Leucadia Roadside Park																				860 North Coast Hwy 101
P2	Orpheus Park		X	X		X		X											X		482 Orpheus Ave
P3	Encinitas Viewpoint Park		X			X		X											X		56 East D Street
P4	Oakcrest Park	X	X	X	X				X						X	X			X	X	1219 Encinitas Blvd
P5	H Street Viewpoint							X											X		498 H Street
P6	I Street Viewpoint							X											X		498 I Street
P7	Glen Park		X	X	X			X	X	X			X		X				X	X	2149 Orinda Dr
P8	Cardiff Sports Park		X	X	X				X		X	X							X	X	1661 Lake Dr (8am - 9pm)
P9	Wiro Park	X	X	X															X	X	2232 El Camino Del Norte
P10	Mildred MacPherson		X					X	X											X	1045 South Vulcan Ave
P11	Paul Ecke Sports Park				X						X	X								X	278 Saxony Rd (8am - 11pm)
P12	Scott Valley Park		X						X	X									X	X	1602 Willowhaven Rd
P13	Leo Mullen Sports Park	X	X	X	X				X		X	X								X	951 Via Cantebria
P14	J Street Viewpoint							X												X	398 J Street
P15	Little Oaks Equestrian Park	X		X														X			2879 Lone Jack Rd
P16	Cottonwood Creek Park	X	X	X	X				X				X	X					X	X	95 North Vulcan Ave
P17	Hawk View Park	X	X																	X	1309 Blue Heron Ave
P18	Sun Vista Park	X	X	X		X														X	2011 Avenida La Posta
P19	Leucadia Oaks Park		X						X	X							X		X	X	1511 North Vulcan Ave
P20	Las Verdes Park	X	X	X																X	1390 Paseo De Las Verdes
P21	Encinitas Community Park		X		X		X				X	X					X		X	X	425 Santa Fe Dr (Facilities 8am - sunset)
P22	Moonlight Beach Park	X	X		X			X		X			X	X					X	X	400 B St
P23	Moonlight Beach Overlook							X												X	400 Moonlight Lane
P24	Olympus Park		X	X			X		X					X			X			X	701 Olympus Street
CITY OFFICES AND FACILITIES																					
F1	Encinitas Parks, Recreation and Cultural Arts Department Offices				X															X	505 South Vulcan Ave 760-633-2740
F2	Encinitas Community and Senior Center	X			X			X	X	X				X						X	1140 Oakcrest Park Dr 760-943-2260
F3	Scout House Facility at Glen Park				X			X												X	2149 Orinda Dr 760-633-2740
F4	Encinitas Ranch Golf Course	X			X			X												X	1275 Quail Gardens Dr 760-944-1936
F5	Encinitas Library Computer Lab				X															X	540 Cornish Dr 760-943-2260
BEACHES																					
B1	Grandview Beach							X													1700 Neptune Ave
B2	Beacon's Beach							X													948 Neptune Ave
B3	Stonesteps Beach							X													350 South El Portal
B4	Moonlight Beach			X	X			X		X									X	X	400 B St
B5	D Street Beach							X													450 D St
B6	Swami's Beach				X			X												X	1298 South Coast Hwy 101

PLACES TO PLAY IN YOUR CITY



Dog Park Fall Improvements

The Maggie Houlihan Memorial Dog Park at Encinitas Community Park will be closed for turf renovations, grounds maintenance and general repairs from October 2 to October 30.

Maintenance improvements will include turf repairs, mulching, drainage upgrades and new plantings.

During the closure period, please enjoy limited off-leash dog hours at:

Olympus Park Dog Park
Encinitas Viewpoint Park
Orpheus Park
Sun Vista Park
Mountain Vista Trail



Use QR code to find off leash hours on our Animal Services webpage.

For more information about the maintenance and improvements, please email prca@encinitasca.gov or call (760) 633-2740.

FOR YOUR INFORMATION

Park hours are 5am - 10pm unless stated otherwise. Beach parking and amenities hours are 5am - 10pm. Beach is closed 2am - 4am. No glass containers or polystyrene food containers allowed at City parks, beaches and trails. All parks are available on a first-come, first-serve basis. Special Event and Facility Use Permits are available for select locations. For complete details on all of the City's parks, beaches, facilities and recreational trails, visit www.EncinitasParksandRec.com or call the Parks, Recreation and Cultural Arts Department at (760) 633-2740.



BIKE AND E-BIKE RESOURCES

E-bikes are more popular than ever and allow people of many ages and abilities to get out and enjoy the fun and enjoyment of cycling with assistance from an electric motor. There are many different styles of e-bikes, from cargo e-bikes to beach cruisers to mountain bikes, making them useful and fun in many ways. E-bikes also provide a great alternative to getting in a car to travel around town.

If you ride, or are considering riding an e-bike in and around Encinitas, please take the time to learn what's allowed, what the applicable laws are and follow guidelines and recommendations for riding safely.

Visit www.EncinitasCA.Gov/Ebikes to find information and resources for safe cycling.

City Cycling Bike/E-Bike Safety & Skills (ages 10 and up)

Under the direction of a trained bike instructor, you will learn the rules of the road and practice essential bike riding skills. Learn where to ride, best practices, emergency maneuvers, and legal rights and responsibilities. The 3-hour class is broken up into 3 parts: lecture, skills drills, and a guided road ride to put your new skills into action! Class content applies to both regular and e-bikes. Make sure your bike is in good working order and ready to ride. Some cycling experience is required as this is not a "learn-to-ride" class. Encinitas residents will receive a refund of registration amount after completion of the course (\$2.70 ActiveNet system processing fee is non-refundable). If under 16, parent registration and participation is strongly encouraged. For participants 12 and under, parent registration and participation required. For info and to register, visit www.EncinitasCA.gov/Ebikes

Location: Third Saturdays Encinitas Community Center,
Fourth Saturdays Encinitas Civic Center
Instructor: San Diego County Bicycle Coalition



Date	Time	Day	Fee	Course
9/16	9am – 12pm	Sa	\$10	14043
9/23	9am – 12pm	Sa	\$10	14046
10/21	9am – 12pm	Sa	\$10	14044
10/28	9am – 12pm	Sa	\$10	14047
11/18	9am – 12pm	Sa	\$10	14045





*Special Spaces
For Every Occassion*



AT THE ENCINITAS COMMUNITY CENTER AND LIBRARY

Contact us to start planning your event - make finding the perfect space the easy part. At the City of Encinitas, we're proud to offer a variety of room choices, complete with amenities, ranging from 315 to 8,000 sq. ft. Whether you're hosting an intimate gathering, preparing for a seminar, or looking forward to your wedding, let us help you choose the best venue today.

For more information email prca@encinitasca.gov, call (760) 943-2279, or visit us at EncinitasCA.gov/Rentals

THE ADDAMS FAMILY 2

Saturday, October 14th

Movie starts at dusk

Glen Park - Cardiff, 2149 Orinda Drive

Bring your seating and picnic items

Movie night is a perfect time to spend with your family and friends enjoying a blockbuster family-friendly film under the stars. Bring your blankets, low-backed chairs, food, and drinks to enjoy a picnic in the park but please no glass containers. Come in costume for a SPOOKtacular time!

MOVIES IN THE PARK

PRESENTED BY



KICKFORCE





TINY TOTS

Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

DANCE AND MOVEMENT

Mini Movers Creative Movement (ages 2 - 3)

This is the perfect class for all those mini-movers out there, filled with creative movement, lots of fun music and dance games! This energetic and expressive Mini Movers class will have your child learning age-appropriate dance moves, motor skills and rhythm.

Location: Encinitas Community Center
Instructor: Brittany White Gonzales

Date	Time	Day	Fee	Course
9/5 – 10/17	3:35 – 4:15pm	Tu	\$125	13922
10/24 – 12/19	3:35 – 4:15pm	Tu	\$125	13923

Star Shiners Tap & Ballet (ages 4-1/2 - 6)

Keep your Star Shiner moving in this tap and ballet combo class. This progressive class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique. Once a month, class will get switched up with a jazz dance day!

Location: Encinitas Community Center
Instructor: Brittany White Gonzales

Date	Time	Day	Fee	Course
9/5 – 10/17	4:20 – 5:15pm	Tu	\$125	13925
10/24 – 12/19	4:20 – 5:15pm	Tu	\$125	13924

FREE / DROP IN *At the Center*

Car Seat Checks

A certified American Medical Response (AMR) child passenger safety technician conducts free car seat checks.

Time: 9:30am-12pm
Location: Encinitas Community Center Parking Lot

Held first Monday of each month



Follow Us!

Keep up with the latest in city news and happenings by following us on social media, including Facebook, Twitter and Instagram. You can find direct links to all of our feeds by visiting encinitasca.gov/socialmedia



Beat Breakers Hip Hop (ages 4 - 7)

This fun, high-energy kid's dance class enables boys and girls to let loose and be themselves while developing creativity, coordination, musicality, and listening skills. Activities include hip hop, and dance games in a non-stop action-packed class that will have you movin' to the beats! All music and moves are age appropriate.

Location: Encinitas Community Center

Instructor: Brittany White Gonzales

Date	Time	Day	Fee	Course
9/5 – 10/17	5:20 – 6:15pm	Tu	\$125	13926
10/24 – 12/19	5:20 – 6:15pm	Tu	\$125	13927



EXPERIENCE ENCINITAS COMMUNITY AND SENIOR CENTER, YOUR PLACE TO STAY AND PLAY!

- **Enjoy** rotating visual art exhibitions.
- **Experience** a pristine fish tank with colorful fish species peacefully circling about.
- **Workout** on the outdoor adult fitness equipment.
- **Relax** on the outdoor patio with tables for soaking up sun rays and vitamin D.
- **Play** in adjacent Oakcrest Park and trail with picnic tables, grills, playground, and basketball court.
- **Cool off** in the center, an official county "Cool Zone" that is comfortably climate controlled during the warm summer months.

When you visit, check out all the amazing and cool programs and events offered at the center and throughout Encinitas by the Parks, Recreation, and Cultural Arts Department.



Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.



YOUTH / TEEN

Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

ARTS AND CRAFTS

Art Skills: Anime & Cartoons (ages 10 - 13)

In Art Skills, students will learn technical drawing skills through multiple art techniques and styles and increase their dexterity and focus through beautiful origami creations. Participants will finish the session with experience across multiple art styles and a beautiful art portfolio!

Location: Encinitas Community Center
Instructor: KidztoPros

Date	Time	Day	Fee	Course
10/19 – 12/7	3:30 – 4:30pm	Th	\$120	13919

Code of Conduct

The City of Encinitas Parks, Recreation and Cultural Arts Department Code of Conduct is to ensure respectful and safe participation in Encinitas recreation programs and activities. Participants, as well as parents of participating minors, may be required to sign Code of Conduct forms to acknowledge program rules, goals, expected behavior and/or consequential actions to support a positive and valued learning and/or recreational experience. This Code is also to be considered and adhered to by all contracted, voluntary and other support staff.

CAMPS

CAMP

Seaside Day Camp (ages 6 - 12)

Are you ready to have some good old-fashioned camp fun? Seaside Day Camp is ready to provide you with an opportunity to be with your friends, play games, be in nature, and have some fun! Each week we will take one off-site field trip so come prepared for adventure. Great childhood memories are waiting to be made at Seaside Day Camp!

Location: Glen Park Scout House
Instructor: Parks, Recreation and Cultural Arts Department Staff

Fall Break

Date	Time	Day	Fee	Course
10/23 – 10/27	9am – 3pm	M-F	\$220	14031
11/20 – 11/22	9am – 3pm	M-W	\$135	14032

Fall Break Extended Care

Date	Time	Day	Fee	Course
10/23 – 10/27	3 – 6pm	M-F	\$45	14033
11/20 – 11/22	3 – 6pm	M-W	\$30	14034

Winter Break

Date	Time	Day	Fee	Course
12/26 – 12/29	9am – 3pm	T-F	\$200	14029
1/2 – 1/5	9am – 3pm	T-F	\$200	14030

Winter Break Extended Care

Date	Time	Day	Fee	Course
12/26 – 12/29	3 – 6pm	T-F	\$35	14035
1/2 – 1/5	3 – 6pm	T-F	\$35	14036

Please note that AM care will not be available during Fall/Winter camps

CAMP

Cooking Round the World: Everything But The Turkey (ages 6 - 12)

Your child will not want to miss out on learning how to make yam souffles; grilled peaches and goat cheese croquettes with lavender honey sauce, salted Carmel apple pie cookies, rosemary-maple cornbread muffins, pumpkin cheesecake swirl cupcakes, and more! This camp is held in a classroom setting and does not have access to a formal kitchen.

Location: Encinitas Community Center Classroom
Instructor: Mindy Myers

Date	Time	Day	Fee	Course
11/20 – 11/22	9am – 1pm	M-W	\$225	13901

CAMP

Fall Camp: World Music, Latin America (ages 5 - 11)

Come along for this interactive journey to learn about the cultures of Brazil and Cuba through music, movement, and singing. Campers will experience the exciting rhythms of Latin America drumming and percussion while exploring the cultures through storytelling and crafts of these vibrant parts of the world. Instructed by the Center for World Music, an organization that models celebrating cross-cultural understanding, respect, and healing through performing arts traditions of the world.

Location: Encinitas Library, Community Room
Instructor: The Center for World Music

Date	Time	Day	Fee*	Course
10/23 – 10/27	9am – 3pm	M-F	\$295	14048

*Early registration fee \$295 through 9/30, \$345 after. Register early, course subject to cancellation if min enrollment not met by 9/30.



DANCE AND MOVEMENT

Beat Breakers Hip Hop (ages 4 - 7)

This fun, high-energy kid's dance class enables boys and girls to let loose and be themselves while developing creativity, coordination, musicality, and listening skills. Activities include hip hop, and dance games in a non-stop action-packed class that will have you movin' to the beats! All music and moves are age appropriate.

Location: Encinitas Community Center
Instructor: Brittany White Gonzales

Date	Time	Day	Fee	Course
9/5 – 10/17	5:20 – 6:15pm	Tu	\$125	13926
10/24 – 12/12	5:20 – 6:15pm	Tu	\$125	13927

FITNESS

Karate - Beginner (ages 6 - 17)

International Karate League: Modified Okinawa Shorin-Ryu. Learn fundamentals of traditional karate for the purpose of developing character, respect, conditioning, and self-protection. Taught by a Sensei with vast experience teaching children, teens, and adults in a fun, disciplined, and supportive environment. For more information visit www.ikl.org

Location: Encinitas Community Center
Instructor: Marc Pease

Date	Time	Day	Fee	Course
10/1 – 11/5	1 – 2pm	Su	\$42	13870
10/4 – 11/8	5 – 6pm	W	\$42	13874
11/12 – 12/17	1 – 2pm	Su	\$35	13871
11/15 – 12/20	5 – 6pm	W	\$35	13877

No Class 11/19, 11/22

Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

Karate - Intermediate (ages 6 - 17)

This karate class further develops physical ability, mental acuity, and strength of character. Learn how to move like a martial artist, improving balance, posture, breathing, and ambidexterity. Further exploration of kata (forms), kumite (sparring), and self-defense concepts. Entry to intermediate class requires instructor approval.

Location: Encinitas Community Center
Instructor: Marc Pease

Date	Time	Day	Fee	Course
10/1 – 11/5	2 – 3:30pm	Su	\$48	13872
10/4 – 11/8	6 – 7:30pm	W	\$48	13875
11/12 – 12/17	2 – 3:30pm	Su	\$40	13873
11/15 – 12/20	6 – 7:30pm	W	\$40	13878

No class 11/19, 11/22

Karate - Teen & Adult (ages 13 and up)

International Karate League: Modified Okinawa Shorin-Ryu. Learn fundamentals of traditional karate for the purpose of developing character, respect, conditioning, and self-protection. Taught by a Sensei with vast experience teaching children, teens, and adults in a fun, disciplined, and supportive environment. For more information visit www.ikl.org

Location: Encinitas Community Center
Instructor: Marc Pease

Date	Time	Day	Fee	Course
10/4 – 11/8	7:30 – 8:45pm	W	\$55	13879
11/15 – 12/20	7:30 – 8:45pm	W	\$45	13880

No Class 11/22



YOUTH SCHOLARSHIPS: The City of Encinitas offers financial assistance for youth programs to Encinitas Residents who meet income requirements. Please contact the Parks and Recreation Department office at (760) 633-2740 for more information.

LAS BECAS PARA JOVENES: La Ciudad de Encinitas ofrece asistencia financiera para programas juveniles a residentes de Encinitas que cumplan con los requisitos de ingresos. Para obtener más información, favor de comunicarse al Departamento de Parques y Recreación al (760) 633-2740.

SPECIAL INTEREST

Wonder Robotics: Create & Code (ages 5 - 7)

In Wonder Robotics, students learn programming for robotics, through challenges and tasks with DASH, the Wonder robot. Through simple drag-and-drop coding, kids create and quickly see their code in action!

Location: Encinitas Community Center
Instructor: KidztoPros

Date	Time	Day	Fee	Course
10/18 – 12/6	3:30 – 4:30pm	W	\$126	13918

CAMP

Adventures in STEM using LEGO® Materials (ages 5 - 9)

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects and use special pieces to create your own unique designs! Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system.

Location: Encinitas Community Center
Instructor: Play-Well TEKologies

Date	Time	Day	Fee	Course
11/20 – 11/22	9am – 12pm	M-W	\$125	13902

Child and Babysitter Safety (ages 10 - 17)

Child and Babysitter Safety class is a community education program for youth ages 11-16, that covers child safety and basic care for infants and children. Topics covered include: sitter safety, infant and child feeding, diapering procedures, recognizing an emergency, child and infant CPR, and basic first aid for children. Participants receive a digital download of the booklet and a Babysitter certificate from the American Health & Safety Institute and an Infant/Child CPR certificate of participation upon completion. Instructor, Sue Lockhart, has been training babysitters in San Diego for 30 years. Group classes can also be scheduled for Girl Scout groups with a special discounted rate. Please bring a water bottle and light snack.

Location: Encinitas Community Center
Instructor: Lockhart Training

Date	Time	Day	Fee	Course
11/4	9:30am – 1:30pm	Sa	\$75	13845

Cooking Round the World: Dumplings Round the World (ages 6 - 12)

Some call them Pierogi, others call them Wontons; Still others call them Kreplach. Whatever you call them, international dumplings are delicious with various fillings and dipping sauces. This course is held in a classroom setting and does not have access to a formal kitchen.

Location: Encinitas Community Center Classroom
Instructor: Mindy Myers

Date	Time	Day	Fee	Course
10/3 – 11/28	3:30 – 5pm	Tu	\$280	13850

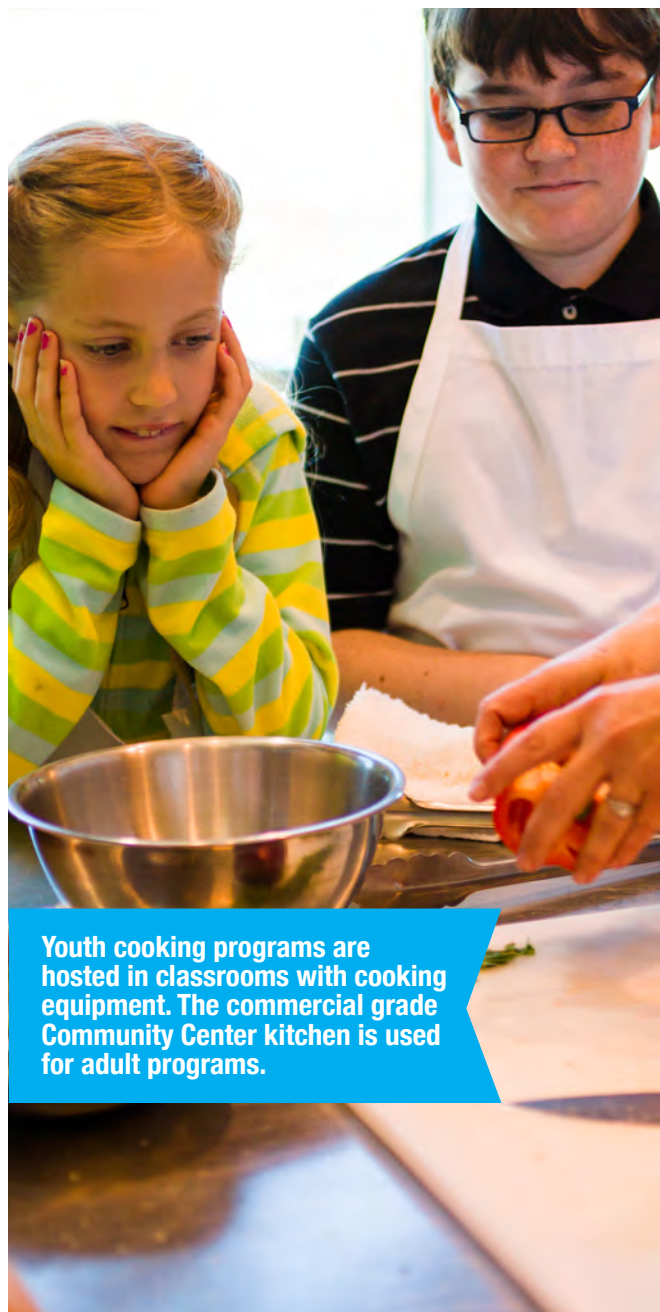
No class 11/21

Cooking Round the World: Holiday Cooking Workshop (ages 6 - 12)

Children will welcome in the holidays with these delicious cookies: Gingerbread men and women, Candy cane cookies, and Marshmallow melting snowman cookies. Class will include a Christmas story and a cooking demonstration. This course is held in a classroom setting and does not have access to a formal kitchen.

Location: Encinitas Community Center Classroom
Instructor: Mindy Myers

Date	Time	Day	Fee	Course
12/13	3:30 – 5:30pm	W	\$45	13848
12/20	3:30 – 5:30pm	W	\$45	13849



Youth cooking programs are hosted in classrooms with cooking equipment. The commercial grade Community Center kitchen is used for adult programs.

Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.



YOUTH SPORTS

Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

BASKETBALL

Youth Basketball League

Encinitas Youth Basketball leagues are designed for players of all abilities. The season will consist of 8 games plus an end of the season tournament for teams that qualify. We utilize a skills assessment and draft system in an effort to form balanced teams. Sorry, no teammate or specific coach requests are taken. Players will receive a uniform (shorts and jersey), participant medal and guaranteed playing time. Teams have regularly scheduled practices. Space is limited and leagues do fill up fast. Volunteer coaches are an integral part of the leagues success. If interested in coaching please contact Ryan at (858) 336-2668 or ryan@mastersports.com.

Registration Deadline: November 30
Player Skills Assessment (mandatory): November 30
Practice Begins: December 4
Season Begins: January 5 & 6, 2024
Listed game days and times for each division are dependent on division sizes and subject to change.

Location: Encinitas Community Center Gymnasium
Instructor: Ryan Conroy

1st – 2nd Coed Division

Date	Time	Day	Fee	Course
11/30 – 3/9	Game times vary	Sa	\$205	13996

3rd – 4th Coed Division

Date	Time	Day	Fee	Course
11/30 – 3/9	Game times vary	Sa	\$205	13997

5th – 6th Coed Division

Date	Time	Day	Fee	Course
11/30 – 3/9	Game times vary	Sa	\$205	13998

7th – 8th Coed Division

Date	Time	Day	Fee	Course
11/30 – 3/8	Game times vary	Fri	\$205	13999

No League 11/10, 11/23-24, 12/23-31, 1/1, 1/15, 2/19

Youth Basketball Skill Builder Clinic

Build your physical and mental skills with this awesome program that focuses on basketball essentials, giving every player the tools they need to succeed. This clinic is filled with fun drills and games to improve your game. Incorporated into the lessons is the Fitlight Trainer, to train your brain and your game! Students are divided into groups by skill and age to maximize their workout. Spots are very limited. Includes: Basketball and Dri-fit Performance Shirt.

Location: Encinitas Community Center Gymnasium
Instructor: Tedd Eckeroth

Ages 5 - 8

Date	Time	Day	Fee	Course
10/5 – 11/30	4 – 5pm	Th	\$140	13994

Ages 8 - 12

Date	Time	Day	Fee	Course
10/5 – 11/30	5 – 6pm	Th	\$140	13995

No program 11/23

GOLF

Golf Clinic - Youth (ages 6 - 14)

Clinic will cover full swing, chipping, pitching, driving and sand shots. Clinic develops etiquette and knowledge of the game. All levels of players welcome. Bring your own equipment; otherwise, balls and clubs will be provided.

Location: Encinitas Ranch Golf Course
Instructor: Scott Newman

Date	Time	Day	Fee	Course
10/4 - 11/8	3:30 - 4:30pm	W	\$250	13954
10/7 - 11/18	10 - 11am	Sa	\$250	13955

SKATEBOARDING

SD Skatelite Beginner Skateboarding Clinic (ages 5 - 10)

SD Skatelite expert instructor Andrew Barbosa is offering a beginner skateboarding class designed to teach the fundamentals of skateboarding in a safe and comfortable environment. This class will focus on fundamental balance exercises, skateboarding safety, skatepark etiquette, ramp skills and beginner trick progressions! No experience needed. All students must wear a helmet, elbow pads and knee pads to participate (not provided by instructor) Contact instructor for skateboard rental options at: Andrew@sdskatelite.com

Location: Skate Plaza at Encinitas Community Park
Instructor: Andrew Barbosa

Date	Time	Day	Fee	Course
10/22 - 12/10	9:30 - 10:30am	Su	\$150	14027

Code of Conduct

The City of Encinitas Parks, Recreation and Cultural Arts Department Code of Conduct is to ensure respectful and safe participation in Encinitas recreation programs and activities. Participants, as well as parents of participating minors, may be required to sign Code of Conduct forms to acknowledge program rules, goals, expected behavior and/or consequential actions to support a positive and valued learning and/or recreational experience. This Code is also to be considered and adhered to by all contracted, voluntary and other support staff.

SD Skatelite Intermediate/Advanced Skateboarding (ages 5 - 13)

Participants will work on intermediate and advanced trick progressions, including flat ground flip tricks, stairs, grinds, creating competitive flow runs, airs, pool skating and much more. All students must wear a helmet, elbow pads and knee pads to participate (not provided by instructor) Contact instructor for skateboard rental options at: Andrew@sdskatelite.com

Location: Skate Plaza at Encinitas Community Park
Instructor: Andrew Barbosa

Date	Time	Day	Fee	Course
10/22 - 12/10	10:30 - 11:30am	Su	\$150	14028

CAMP

SD Skatelite Camps (ages 5 - 13)

Join us at the Encinitas Skate Plaza for a week of skateboarding fun! Learn how to skate in a safe and controlled environment with expert instructors from SD Skatelite. This camp is designed to teach skateboarders of any level. Learn skateboarding fundamentals, meet guest professional skateboarders and make new friends. All participants must wear helmets, elbow and knee pads. Contact instructor for skateboard rental options: Andrew@sdskatelite.com.

Location: Skate Plaza at Encinitas Community Park
Instructor: Andrew Barbosa

Date	Time	Day	Fee	Course
10/23 - 10/27	9am - 1pm	M-F	\$225	14026



Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

SOCCER

CAMP

Soccer Shots Camps

Camps provide children with an opportunity to develop soccer skills, character, and creativity. Centered around a theme, children take part in soccer games, crafts, team building exercises, and even literature. The Classic and Premier Camps, though aligned with skills and character words, differ in their offerings and are designed to meet the appropriate age of the groups.

Instructor: Soccer Shots

Location: Encinitas Community Park

Classic (ages 3 - 5)

Full Day Camp

Date	Time	Day	Fee	Course
12/18 - 12/22	9am - 3pm	M-F	\$450	13980

Half Day Camp

Date	Time	Day	Fee	Course
12/18 - 12/22	9am - 12pm	M-F	\$250	13979

Premier (ages 5 - 10)

Full Day Camp

Date	Time	Day	Fee	Course
12/18 - 12/22	9am - 3pm	M-F	\$450	13982

Half Day Camp

Date	Time	Day	Fee	Course
12/18 - 12/22	9am - 12pm	M-F	\$250	13981

Soccer Shots Clinics

Introduce your child to the beautiful game of soccer in a creative, age appropriate, non-competitive setting. Soccer Shots classes develop strong youth beyond just the game of soccer. Classes are taught by coaches who are passionate about working with children and teaching soccer.

Instructor: Soccer Shots

Mini (2-3 year-olds)

Location: Cardiff Sports Park

Date	Time	Day	Fee	Course
10/1 - 1/14	10:10 - 10:40am	Su	\$325	13972

Mini (2-3 year-olds)

Location: Encinitas Community Park

Date	Time	Day	Fee	Course
9/30 - 1/13	10:10 - 10:40am	Sa	\$325	13976
9/26 - 1/16	3:55 - 4:25pm	Tu	\$325	13965
9/28 - 1/11	3:55 - 4:25pm	Th	\$325	13963
9/29 - 1/12	3:55 - 4:25pm	F	\$325	13967

Classic (ages 3 - 5)

Location: Cardiff Sports Park

Date	Time	Day	Fee	Course
10/1 - 1/14	8:30 - 9:15am	Su	\$325	13969
10/1 - 1/14	9:20 - 10:05am	Su	\$325	13970
10/1 - 1/14	10:45 - 11:30am	Su	\$325	13971

Classic (ages 3 - 5)

Location: Encinitas Community Park

Date	Time	Day	Fee	Course
9/26 - 1/16	4:30 - 5:10pm	Tu	\$325	13964
9/28 - 1/11	4:30 - 5:10pm	Th	\$325	13962
9/29 - 1/12	4:30 - 5:10pm	F	\$325	13966
9/30 - 1/13	8:30 - 9:15am	Sa	\$325	13968
9/30 - 1/13	9:20 - 10:05am	Sa	\$325	13974
9/30 - 1/13	10:45 - 11:30am	Sa	\$325	13975

Premier (ages 5 - 10)

Location: Cardiff Sports Park

Date	Time	Day	Fee	Course
10/1 - 1/14	11:35am - 12:20pm	Su	\$325	13973

Premier (ages 5 - 10)

Location: Encinitas Community Park

Date	Time	Day	Fee	Course
9/30 - 1/13	11:35am - 12:20pm	Sa	\$325	13977



Follow Us!

Keep up with the latest in city news and happenings by following us on social media, including Facebook, Twitter and Instagram. You can find direct links to all of our feeds by visiting encinitasca.gov/socialmedia



SURF

Little Groms Surf School (ages 5 - 8)

Dedicated to our next generation of surfers and watermen who are just ready to hit the water but may be a bit scared. Your child will learn ocean safety, develop skills to swim in the ocean, bodyboard, and surf, while making some new surf buddies!

Location: Moonlight Beach
Instructor: Brent Stephens

Date	Time	Day	Fee	Course
9/5 – 9/26	3:30 – 5pm	Tu	\$290	14009
9/6 – 9/27	3:30 – 5pm	W	\$290	14011
10/3 – 10/24	3:30 – 5pm	Tu	\$290	14013
10/4 – 10/25	3:30 – 5pm	W	\$290	14015

Big Groms Surf School (ages 9 - 16)

Surfing fundamentals, proper techniques, skill development, and ocean safety are taught to participants in a well-supervised and fun environment. Our professional and experienced staff will make sure students have a great time, whether just beginning to surf or focused on improving their current set of skills.

Location: Moonlight Beach
Instructor: Brent Stephens

Date	Time	Day	Fee	Course
9/5 – 9/26	3:30 – 5pm	Tu	\$290	14008
9/6 – 9/27	3:30 – 5pm	W	\$290	14010
10/3 – 10/24	3:30 – 5pm	Tu	\$290	14012
10/4 – 10/25	3:30 – 5pm	W	\$290	14014



CAMP

Little Groms Fall Break Surf Camp (ages 5 - 8)

This camp is dedicated to our next generation of surfers and water kids that are just getting ready to hit the ocean. Our focus is ocean safety, surfing, boogie boarding, bodysurfing and swimming in the ocean. We allow kids to progress at their own pace in this camp, not pushing them past their comfort level. For more info check out: www.TheLittleGroms.com

Location: Moonlight Beach
Instructor: Brent Stephens

Date	Time	Day	Fee	Course
10/16 – 10/20	9am – 12pm	M-F	\$385	14016
10/23 – 10/27	9am – 12pm	M-F	\$385	14019

CAMP

Big Groms Fall Break Surf Camp (ages 9 - 16)

This surf camp teaches proper surfing fundamentals and techniques with an emphasis on skill development and ocean safety. Surf camp is ideal for BEGINNER and INTERMEDIATE level participants that want to become more efficient surfers. Experienced staff will work with campers individually and in small groups to create a fun and productive environment. Surfboards are provided.

Location: Moonlight Beach
Instructor: Brent Stephens

Date	Time	Day	Fee	Course
10/16 – 10/20	9am – 12pm	M-F	\$385	14017
10/23 – 10/27	9am – 12pm	M-F	\$385	14018

VOLLEYBALL

Sinjin Smith Beach Volleyball Class (ages 6 - 16)

Sinjin Smith presents beach volleyball class every Saturday 9-10:30 AM at Moonlight Beach!! Learn from coaching staff that have learned from the king himself. Beach Volleyball coaches will help each participant develop their beach volleyball skills in a fun and safe setting on the sand. Sinjin makes appearances all the time, join us for a chance to meet the king of the beach! For more information please visit: www.beachvolleyballcamps.com

Location: Volleyball Courts at Moonlight Beach
Instructor: Morley Rockett

Date	Time	Day	Fee	Course
10/21 – 11/18	9 – 10:30am	Sa	\$150	14024
11/25 – 12/23	9 – 10:30am	Sa	\$150	14025

Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

ADULT SPORTS

Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

BASKETBALL

Women's Basketball League

The Women's Basketball League is for players of all abilities 18 and up. Games are played on Monday nights. All teams will play approximately 10 regular season games and a championship tournament for the top four teams in the league. Game times are based on number of teams in the league. Individual sign up only prior to the player draft. Players are then placed on teams. Registration fee \$300/team plus an additional fee for Officials at \$61/game. Fees are collected by the League Administrator. Please call (760) 943-2269 for more information

Location: Encinitas Community Center Gymnasium
League Administrator: Alexia Ramirez

Date	Time	Day	Fee	Course
9/11 – 11/20	6 – 9pm	M	\$300	14000

Women's Basketball Lunch League

Calling all female basketball players! Come join the Encinitas Ladies only lunch league. Games are full court and are a great way to get your cardio in, make new friends and keep your game on point. Times may vary due to other recreation programs. Please review Monthly Gym Calendar for confirmation of times.

Location: Encinitas Community Center
League Administrator: Alison Swanger

Date	Time	Day	Fee	Course
10/3 – 12/22	11am – 12pm	Tu, F	\$35	13993

No Program 11/10, 11/24, 12/15

Men's Basketball Lunch League

Work got you stressed out? Relieve your stress with a little lunch time basketball. Our lunch league consists of full court games designed to keep the action moving. Teams are formed daily, games are twelve minutes in duration. Come join the action! Times may vary due to other recreation programs. Please review the Monthly Gym Calendar for confirmation of times.

Location: Encinitas Community Center Gymnasium
League Administrator: Jevan Fraser

Date	Time	Day	Fee	Course
10/2 – 12/22	12 – 1pm	M-F	\$88	13990

No Program 11/10, 11/23, 11/24, 12/15

Morning Basketball

Get your morning hoops on at the Community Center. This is a great way to get in shape while having fun. Games are played 5 on 5 full court. Games are based on continuous play to promote great cardio by keeping games moving.

Location: Encinitas Community Center Gymnasium

Saturday League Administrator: Paul Klock

Date	Time	Day	Fee	Course
10/7 – 12/23	8 – 10am	Sa	\$35	13991

Sunday League Administrator: Adam Fowler

Date	Time	Day	Fee	Course
10/1 – 12/17	8 – 10am	Su	\$35	13992

No Program 12/16

GOLF

Golf Clinic - Adult

Camp will cover full swing, chipping, pitching, driving and sand shots. Clinic develops etiquette and knowledge of the game. All levels of players welcome. Bring your own equipment; otherwise, balls and clubs will be provided.

Location: Encinitas Ranch Golf Course
Instructor: Scott Newman

Date	Time	Day	Fee	Course
10/7 – 11/18	11am – 12pm	Sa	\$250	13956

VOLLEYBALL

Adult Indoor Volleyball

This adult coed volleyball program is for anyone 18 and up who wants to play without forming a team, having a team captain, or requiring a roster! In other words, it is a more structured open gym where you can come and play in a fun and social environment. There will be 2 courts available based loosely on level of play: beginner, intermediate, and advanced. Players will be assigned to one of four teams each evening. Ideal participants will have strong skills in passing, setting, and attacking in 6-person role-based play (setter, middle hitter/blocker, outside hitter, etc.). Team assignments will change weekly based on availability of players and their skills and positional strengths. This gameplay is intended to be friendly, but competitive and sportsmanlike. We look forward to seeing you there!

Location: Encinitas Community Center Gymnasium
League Administrator: Aaron Hudson

Date	Time	Day	Fee	Course
10/3 – 12/19	6 – 8pm	Tu	\$50	13989

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OPEN GYM

At the ENCINITAS COMMUNITY CENTER

Did you know that the Encinitas Community Center offers free open-gym hours throughout the week? Drop-in gymnasium use is allocated for basketball and pickleball, no membership required. Details can be found on the monthly Open Gym Calendar at EncinitasCA.Gov/Community-Senior-Center.

Additionally, "the Center" is a great place to hang out, relax and enjoy our comfortable lobby area and gym mezzanine, all with free wifi. Our facility is a County designated "Cool Zone" making it a great place to cool off in the hot summer weather. Stop on by! We look forward to meeting you.



Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.



ADULT

Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

DANCE AND MOVEMENT

Ballet 18 and Up

You are never too old to take ballet! Sculpt long lean muscles, burn calories, build strength, improve flexibility, coordination and balance. Quality training at a beginning-intermediate level taught by former professional dancer Marti Neal in a relaxed, easy to learn class accompanied by music. Wear closely fitted dancewear and ballet slippers after first class meeting.

Location: Encinitas Community Center

Instructor: Marti Neal

Date	Time	Day	Fee	Course
10/3 – 11/7	6:30 – 7:30pm	Tu	\$90	13905
11/14 – 12/12	6:30 – 7:30pm	Tu	\$75	13906

Ballet - Intermediate

You are never too old to take ballet! Sculpt long lean muscles, burn calories, build strength, improve flexibility, coordination and balance. Quality training at a beginning-intermediate level taught by former professional dancer Marti Neal in a relaxed, easy to learn class accompanied by music. Wear closely fitted dancewear and ballet slippers after first class meeting.

Location: Encinitas Community Center

Instructor: Marti Neal

Date	Time	Day	Fee	Course
10/3 – 11/7	7:35 – 8:50pm	Tu	\$90	13951
11/14 – 12/12	7:35 – 8:50pm	Tu	\$75	13952

Belly Dancing

Come learn the ancient art of Belly Dance! Dance to beautiful Middle Eastern music and learn basic dance steps and easy choreography. Improve flexibility, muscle tone and coordination. Make new friends! Instructor was a Professional Cabaret Belly Dancer ("Sheerah") in SD County for 10 years and taught Lebanese style belly dance with "Gypsy" energy for 16+ years. Wear hip scarf with coins or beads and comfortable clothing/shoes to move across the dance floor."

Location: Encinitas Senior Center

Instructor: Vicki Deriso

Date	Time	Day	Fee	Course
9/25 – 10/30	5 – 6pm	M	\$98	14037
11/6 – 12/11	5 – 6pm	M	\$98	14038

Soul Line Dancing Class

Line dancing was never meant to be limited to country western tunes. SOUL line dances are choreographed to R & B, jazz, latin and many of your favorite Motown tunes. Grab a friend and come give it a try. No partner or experience needed. Secure footwear required.

Location: Encinitas Community Center

Instructor: Pamela Jackson

Date	Time	Day	Fee	Course
10/5 – 11/2	6:30 – 8pm	Th	\$39	13953

No Class 10/26

FITNESS

Karate – Teen & Adult (ages 13 and up)

International Karate League: Modified Okinawa Shorin-Ryu. Learn fundamentals of traditional karate for the purpose of developing character, respect, conditioning, and self-protection. Taught by a Sensei with vast experience teaching children, teens, and adults in a fun, disciplined, and supportive environment. For more information visit www.ikl.org

Location: Encinitas Community Center
Instructor: Marc Pease

Date	Time	Day	Fee	Course
10/4 – 11/8	7:30 – 8:45pm	W	\$55	13879
11/15 – 12/20	7:30 – 8:45pm	W	\$45	13880

No Class 11/22

T'ai Chi Chih - Beginner

Experience the transformative power of T'ai Chi Chih as you harmonize your body, mind, and spirit. This moving mindfulness meditation consists of 19 gentle, non-martial movements that circulate and balance the cosmic energy. Whatever your fitness level, you can cultivate health, serenity, longevity, and vitality through T'ai Chi Chih.

Location: Encinitas Community Center
Instructor: Christina Tillotson

Date	Time	Day	Fee	Course
10/2 – 11/6	6:30 – 7:45pm	M	\$66	13852

T'ai Chi Chih - Intermediate

Experience the transformative power of T'ai Chi Chih as you harmonize your body, mind, and spirit. This moving mindfulness meditation consists of 19 gentle, non-martial movements that circulate and balance the cosmic energy. Whatever your fitness level, you can cultivate health, serenity, longevity, and vitality through T'ai Chi Chih.

Location: Encinitas Community Center
Instructor: Christina Tillotson

Date	Time	Day	Fee	Course
11/13 – 12/18	6:30 – 7:45pm	M	\$66	13853

SPECIAL INTEREST

Cooking Round the World: Healthy Cooking for Adults

The days of consuming overflowing plates of pasta and donuts are over. As adults concerned about good health, it's clear what you put inside your body will manifest internally with results exhibited externally. Part 1 is a program where we will cook with colorful fruits and vegetables, chickpeas, cauliflower pizzas, citrus, salmon, and reduced fat products. Join us to expand your palate and skills.

Location: Encinitas Community Center Kitchen
Instructor: Mindy Myers

Date	Time	Day	Fee	Course
10/4 – 11/29	6:30 – 8pm	W	\$280	13847

Herbalism: Plant Medicine Making

The use of plants for wellness is common to all cultures across time and widely popular today. Join us as we engage in herbal medicine making from homegrown and wildcrafted plants as well as certified organic sources. We'll see, touch, taste, and smell herbs and explore their role in wellness.

Location: Encinitas Community Center
Instructor: Sally Seitz

Date	Time	Day	Fee	Course
10/4 – 11/15	12:30 – 1:30pm	W	\$60	13903



Search Course # for complete program information. Non-residents add between \$15-\$25 to registration fee. A \$2.70 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.



PROGRAMS AND SERVICES FOR AGES 50 PLUS

1140 OAKCREST PARK DRIVE
FRONT COUNTER: (760) 943-2250
LUNCH RESERVATIONS: (760) 943-2258
HOURS: M - F, 8AM - 4PM

Programs are offered for adults 50 plus, unless otherwise noted. Classes are subject to change and may be canceled if minimum participation is not met.

Fee-based classes for the session require payment in full at the time of enrollment. You may register online, by mail, or in person.

ARTS AND CRAFTS

Watercolor & More

Learn the fundamentals of watercolor as you explore and experiment with techniques that are fun and easy to do. No previous experience is necessary. All skill levels are welcome.

Location: Encinitas Senior Center
Instructor: Denise McMurtrie

Date	Time	Day	Fee	Course
10/6 – 11/3	9:30 – 11:30am	F	\$35	13958
11/10 – 12/15	9:30 – 11:30am	F	\$35	13960

It is time to strike up the band and dance to the classic melodies of yesteryear! A live band will be playing the classics. Couples and singles are welcome. Admission is \$5 cash at the door.

Location: Encinitas Senior Center

Monthly Dances

Date	Time	Day	Fee	Theme
9/15	2 – 4pm	F	\$5	Roaring 20's
10/20	2 – 4pm	F	\$5	SPOOKtacular Dance
11/17	2 – 4pm	F	\$5	Friendsgiving Fun

Save the date! - New Year's Eve Dance Fri, Jan 5



Follow Us!

Keep up with the latest in city news and happenings by following us on social media, including Facebook, Twitter and Instagram. You can find direct links to all of our feeds by visiting encinitasca.gov/socialmedia



FITNESS

Balance and Movement

Learn and practice easy movements to improve balance and reduce the risk of falling. By developing stability and coordination one will see improvement and gain confidence. One will learn to create a routine to do on your own at home.

Location: Encinitas Senior Center
Instructor: Mordy Levine

Date	Time	Day	Fee	Course
10/5 – 11/2	10 – 11am	Th	\$35	13946
11/9 – 12/14	10 – 11am	Th	\$35	13947

No class 11/23

Golden and Toned

Golden and toned is tailored for active older adults, who want to focus on muscle conditioning with light weight activity and some dancing. This class blends the sounds of a Latin music party while doing a total body workout. Low to moderate intensity strength training with 1-pound weights or no weights at all. On occasion resistance bands may be used but not necessary. Be ready to have fun and tone up in this 30-minute class.

Location: Encinitas Senior Center
Instructor: Lori Massey

Date	Time	Day	Fee	Course
10/2 – 11/6	9 – 9:30am	M	\$42	13868
11/13 – 12/11	9 – 9:30am	M	\$35	13869



Health Barre

In this effective total-body conditioning program you will improve your posture, muscle-tone, and strength with basic pilates and ballet movements. Work your entire body using light weights, bands, ballet barre, and your own body weight as well as other methods of resistance to promote lean muscle. Please bring a mat, 1 or 2 lb. hand weights, water, and a towel.

Location: Encinitas Senior Center
Instructor: Lori Massey

Date	Time	Day	Fee	Course
10/2 – 11/6	9:45 – 10:45am	M	\$42	13858
10/3 – 11/7	9am – 10am	Tu	\$42	13860
10/5 – 11/9	9am – 10am	Th	\$42	13862
11/13 – 12/11	9:45 – 10:45am	M	\$35	13859
11/14 – 12/12	9am – 10am	Tu	\$35	13861
11/16 – 12/14	9am – 10am	Th	\$28	13863

No class 11/23

Qi Gong

Qi Gong is an ancient system developed in Asia for overall fitness and health. Participants will engage in simple, fluid motions as well as standing and sitting.

Location: Encinitas Senior Center
Instructor: Andrew Jones

Date	Time	Day	Fee	Course
10/2 – 10/30	8:30 – 9:30am	M	\$35	14002
10/5 – 11/2	8:30 – 9:30am	Th	\$35	14001
11/6 – 12/11	8:30 – 9:30am	M	\$35	14003
11/9 – 12/14	8:30 – 9:30am	Th	\$35	14004

Search Course # for complete program information. Non-residents add \$3 to registration fee.
A \$1 processing fee will be added to each Senior program.

Search Course # for complete program information. Non-residents add \$3 to registration fee.
A \$1 processing fee will be added to each Senior program.

T'ai Chi Chih – Intermediate/ Open to Beginners

Experience the transformative power of T'ai Chi Chih as you harmonize your body, mind, and spirit. This moving mindfulness meditation consists of 19 gentle, non-martial movements that circulate and balance the cosmic energy. Whatever your fitness level, you can cultivate health, serenity, longevity, and vitality through T'ai Chi Chih.

Location: Encinitas Senior Center
Instructor: Christina Tillotson

Date	Time	Day	Fee	Course
10/4 – 11/8	10:30 – 11:30am	W	\$35	13855
11/15 – 12/20	10:30 – 11:30am	W	\$42	13856

No class 10/11

Every-Body Yoga

Revitalize your whole being with yoga while strengthening and enhancing flexibility in joints, bones, organs, and muscles. Learn the principles of alignment while deepening your ability to enjoy life in each moment. Breath, poses, and balance are an integral part. Create Stamina from the inside out and feel the difference.*Bring a yoga mat, sitting cushion or beach towel to class.

Location: Encinitas Senior Center
Instructor: Lynda Light

Date	Time	Day	Fee	Course
10/4 – 11/8	12 – 1pm	W	\$42	14005
11/15 – 12/20	12 – 1pm	W	\$42	14006

Senior Center Sponsorship Opportunities

Sponsorships support Encinitas Senior Center programs. Please call (760) 943-2250 for information about sponsorship opportunities and packages.



Have you tried Zumba and been overwhelmed? This program is especially designed for the active over 50 group. Latin rhythms inspire moves to exercise the brain, heart, and all the major muscle groups. You'll enjoy dancing and get a cardio workout. Bring water, dress lightly, and come party with us!

Location: Encinitas Senior Center
Instructor: Lori Massey

Date	Time	Day	Fee	Course
10/3 – 11/7	10:15 – 11:15am	Tu	\$42	13864
11/14 – 12/12	10:15 – 11:15am	Tu	\$35	13865
10/5 – 11/9	10:15 – 11:15am	Th	\$42	13866
11/16 – 12/14	10:15 – 11:15am	Th	\$28	13867

No class 11/23

GAMES

Duplicate Bridge Play

Improve your skill level, concentration, and memory by playing the challenging and competitive game of ACBL sanctioned Duplicate Bridge. This is a weekly ongoing program, so you may join at any time throughout the year. Cost includes a book of 8 play coupons/play sessions. No expiration date for coupon books. No refunds or exchanges.

Location: Encinitas Senior Center
Instructor: Ida Burcham

Date	Time	Day	Fee	Course
Ongoing	12:30 – 4pm	Th	\$57	13269

NUTRITION

Oakcrest Cafe



The Oakcrest Café offers daily nutritious lunches in a welcoming environment. Reservations or cancellations are required and can be made up until 12pm the business day before you would like a meal by calling (760) 943-2258. The suggested meal contribution is \$4 per meal for adults 60+. Cost is \$7.00 per meal for those age 60 and under. Please make checks payable to the City of Encinitas. Please check-in for lunch from 11:00-11:30am. Lunch is served at 11:40am. The Oakcrest Cafe is supported by the City of Encinitas and general meal donations. No eligible person shall be denied a meal because of failure or inability to contribute. Please note, a registration form is required for all participants and must be updated annually.

OUTREACH SERVICES

Project C.A.R.E.

Project C.A.R.E. is a FREE "Safety Net" program of services for Encinitas seniors. If you live alone, this is a great resource. Services include: Vial of Life, Home Safety Check and information and referrals. Call (760) 943-2250 for more information.

TRANSPORTATION

Encinitas Senior Center Lunch Transportation is available for eligible senior citizens (60+) to and from the Senior Center for lunches Monday through Friday. If you or someone you know is interested in rides to the lunches, call (760) 943-2258 to request an application. Suggested \$2 donation per round-trip van ride.

NCTD LIFT Paratransit

Lift offers curb-to-curb transportation for ADA certified passengers. For information and an application visit gonctd.com/lift. To schedule a ride, call (760) 726-1111.

NCTD Breeze

For North County Transit District public bus service call (760) 966-6500.

On The Go Senior Transportation

Offered by Jewish Family Service. Call (858) 637-3210 or visit www.jfssd.org/onthego for more information.



**BECOME AN
ENCINITAS
VIP
VOLUNTEER
IN PURPOSE**

Encinitas Volunteers In Purpose (VIP) is an opportunity to share your passion and talents while making connections for a cause. Volunteers of all ages learn and grow while supporting the community, city projects, and goals.

The benefits are endless and include developing new relationships, learning new skills, and improving health and wellness. The city offers a variety of V.I.P. opportunities to include programs for Adults 50 plus, Events, Cultural Arts, Green Initiatives, Parks, Trails, and more. Apply now to start making a difference in Encinitas today.

Visit www.EncinitasCA.gov/Volunteers for more information and to apply.

Search Course # for complete program information. Non-residents add \$3 to registration fee.
A \$1 processing fee will be added to each Senior program.

FREE COURSES FOR AGES 50 PLUS

In-person registration is required for all free programs. Online registration is not available. Programs subject to change based on class enrollment, room availability and volunteer facilitator availability. Visit EncinitasParksandRec.com for full course details.

Class	Course#	Description	M	Tu	W	Th	F
Bereavement	13272	Support group for those who have suffered loss.	1st & 3rd Mon 2:00-3:00pm				
Blood Pressure Clinic	13273	An EMT will check your blood pressure				3rd Th 9:30am-12:30pm	1st Fri 9:30am-12:30pm
Book Club	13274	Read, review, and analyze books			3rd Wed 1:00-2:30pm		
Computer Lab	13275	Use computers for fun or research	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm
Computer Tutor	13276	Assistance with computer needs			9:30 - 11am	9:00 - 10:30am	
Current Events	13277	Discuss current events		1:00 - 2:30pm			
Elder Law & Advocacy	13278	Call (858) 565-1392 Phone appointment only					
HICAP	13279	Call (858) 565-8772 - Phone appointment only					
Practicing Italian	13914	Practice speaking, reading, and writing in Italian				12:30 -2:30pm, 10/5 - 12/14	
Mah Jong	13280	Tile-based game				12:30 - 3:30pm	
Party Bridge	13281	Card game				12:30 - 3:30pm	
Pool Open Play	13282	Open play billiards	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm
Pool - 8-Ball	13283	Weekly No Handicap Pool Tournament				10am - 3:45pm	
Pool - 9-Ball	13284	Weekly Handicap Pool Tournament		10am - 3:45pm			
Challenge Cup Pool - 8-Ball	13330	Challenge Cup Tourny No Handicapped				10am - 3:45pm 9/14	
Challenge Cup Pool - 9-Ball	13331	Challenge Cup Tourny No Handicapped		10am - 3:45pm 10/10			
Senior Citizen Commission	13285	Meetings held at Encinitas City Hall	3rd Tue, 2pm - No Meetings: July & December				
Silver Age Yoga	13915 13916	Chair or mat gentle yoga class	2 - 3pm	Session 1: 10/2 - 11/6 Session 2: 11/13 - 12/11			
Sittin' and Knittin' Group	13288	Knitting		Every Tue 10am-12pm			
Stamp Club	13289	Stamp collecting enthusiasts			1st Wed 10 - 11:30am		

FALL REGISTRATION OPENS: 8AM, AUGUST 14, 2023



ONLINE:

1. Visit www.EncinitasParksandRec.com
2. Click on Programs
3. Create an account or login
4. Search for an activity by course # or keyword
5. Add to Shopping Cart
6. Review enrollment and confirm selections
7. Accept waiver and pay

All activities subject to time/date change. \$2.70 non-refundable registration processing fee is included in each course (\$1 fee for Senior Center programs). Debit/credit card transaction fees will be passed to the customer.

MAIL-IN:

Mail your completed and signed Activity Registration Form with payment to the City of Encinitas Parks, Recreation and Cultural Arts Department, 505 S. Vulcan Avenue, Encinitas, CA 92024.

PROGRAM TRANSFER POLICY:

Transfers may be requested up to five (5) calendar days before the start of the program by emailing prca@encinitasca.gov and will incur a \$10 transfer fee if the transfer is to a program of equal or lesser value. Transfers to a program of greater value will include the transfer fee, program fee difference, and an additional processing fee.

Transfer requests by phone or by leaving a message will not be considered. Transfer requests made less than five (5) calendar days before the start of the class must be submitted by email to prca@encinitasca.gov. Transfer requests made less than five (5) calendar days are date-stamped and reviewed by management.

REFUND/CANCELLATION POLICY:

Activities are subject to change. A full refund will be given if the City cancels the activity.

- Refunds requested ten (10) days before the first program meeting date may be granted minus a \$20 cancellation fee, \$10 for senior programs.
- Refunds requested five (5) calendar days before the first program meeting date may be granted minus 25% of the registration fee or \$20, whichever is greater.

Refund requests should be emailed to prca@encinitasca.gov. No refunds will be issued for inclement weather. Prorated refunds may be given for a medical reason, based on the number of unattended days. Medical verification is required with a doctor signature and must be submitted no later than five (5) calendar days after the medical incident. Refund requests made less than five (5) calendar days before the start of the class must be submitted by email to prca@encinitasca.gov. Refund requests made less than five (5) calendar days are date-stamped and reviewed by the division head. Submission of request does not guarantee approval.

WAITING LIST POLICY:

Those on the waiting list that receive notification by phone or email that a spot has opened; have until 5:00pm the next City business day to secure registration. You may confirm your registration by calling (760) 633-2740 or (760) 943-2250 to talk to a live customer service representative. Voicemails will not be accepted and do not confirm registration.

INCLUSION POLICY:

The City is an affirmative action public entity and does not discriminate on the basis of race/color, ethnic origin, national origin, gender, gender identity, religion, age, veteran status or physical or mental disability in employment or the provision of service. The City of Encinitas Parks, Recreation and Cultural Arts Department is committed to the support of inclusive programs and opportunities to increase individual potential for full and active participation in all activities and experiences. Requests for accommodations will be considered on a case-by-case basis. If you require an accommodation, or need further information concerning inclusive or specialized recreation and accommodation for a city program, please contact us as soon as possible or no later than 72-hours prior to disability accommodations being needed via email at prca@encinitasca.gov or call (760) 633-2740.



MUSIC



Pulling from regional, national, and sometimes international talent, this series showcases exceptional talent from across Southern California and beyond. This year's series will be presented in partnership with the San Diego Music Society.

The series of eight concerts will take place on the following dates:

Nov 3, 2023

Dec 1, 2023

Jan 26, 2024

Feb 23, 2024

Mar 22, 2024

Apr 19, 2024

May 31, 2024

Jun 14, 2024

Concerts Start At 7:30pm. Doors Open At 6:45pm. Tickets \$20 in advance, \$25 at the door, \$10 for students.

Tickets for the 2023-24 season go on sale in August. Visit www.encinitasca.gov/concerts for tickets and concert details or call (760) 633-2746.

**All concerts
take place at the
Encinitas Library
540 Cornish Drive
Encinitas 92024**



Fiato String Quartet



***"One of the best ways to spend a Wednesday afternoon."**-San Diego Union Tribune*

Featuring outstanding musicians from around town and across the globe performing all styles of music, these concerts are part of the most highly attended daytime series in the county.

Admission is free with 100% of all donations going to the performers.

Doors open at 11:30am and close at noon or when capacity is reached.

Visit EncinitasCA.gov/concerts to see who is performing.

PLEASE NOTE: THERE IS NO CONCERT ON DECEMBER 27



Michelle Wake



SAVE THE DATE!

Saturday, December 16, 2023

The City of Encinitas Cultural Arts Division will present Encinitas Ballet this winter in a joyful event for all ages to enjoy at the Encinitas Community Center. Audiences can expect an uplifting and magical performance of Tchaikovsky's Nutcracker complete with a dazzling holiday party, giant mice doing battle with toy soldiers, dancing snowflakes, a Nutcracker that transforms into a handsome prince, and exotic dances from around the world.

Tickets will go on sale in September.



PARKS, RECREATION
AND CULTURAL ARTS

ART NIGHT

ENCINITAS

SEP 9 AND NOV 18
5:30 - 8:30PM

Enjoy a Saturday evening of visual art as Encinitas civic art spaces and local art galleries swing open their doors at Art Night Encinitas from 5:30-8:30pm. The event celebrates the city's diverse visual art scene at participating locations and is free to the public. Enjoy live music and refreshments at several locations.

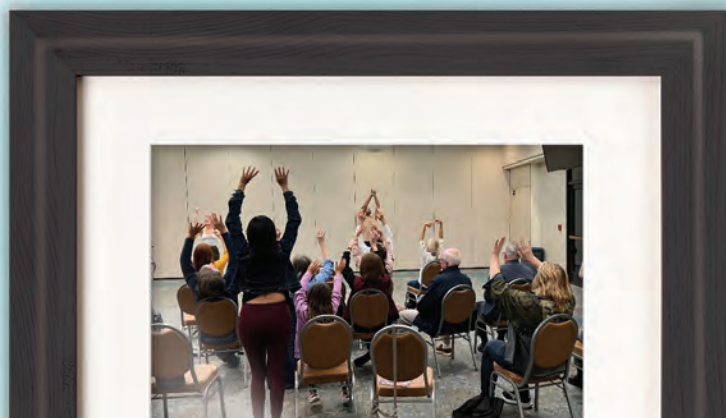
Art Night Encinitas was conceived by the Commission for the Arts to bring focus to the civic art spaces and thriving visual art scene in Encinitas. The night benefits artists through the sale of their art and provides the public an opportunity to interact with artists and learn about the creative process.

Free Shuttle Service: Catch a ride on one of the shuttle buses that will transport the public between all three civic art spaces as well additional stops to access participating spaces and the ICA. Its free! You can park at Encinitas City Hall, the Encinitas Community Center, and the Encinitas Library to easily access the shuttle.

For more information, visit: www.EncinitasCA.Gov/ArtNight
Special thanks to Art Night Encinitas sponsors for their generous support:



Anyone who is interested in any of the above programming can find more information by contacting the Cultural Arts Division at (760) 633-2746, or by email arts@encinitasca.gov.



ENCINITAS HOLIDAY PARADE

PRESENTED BY:
ting

SATURDAY DECEMBER 2, 5:30PM

Encinitas will kick off the holiday season at the 2023 Encinitas Holiday Parade

The City of Encinitas thanks all of its parade sponsors, including, Ting, Kickforce Martial Arts Encinitas, AMR Ambulance, and EDCO Disposal for their support of the Encinitas Holiday Parade.

Visit EncinitasParksandRec.com this fall for parade information, including the 2023 parade theme and Grand Marshal selection and how to get involved as a volunteer.



Tree-Lighting Fri, Dec 1, 4 - 6pm
Join us for the 29th annual lighting of the Encinitas Heritage Tree across from the Moonlight Beach upper parking lot. Presented by the Encinitas Historical Society and the City of Encinitas.



KICKFORCE

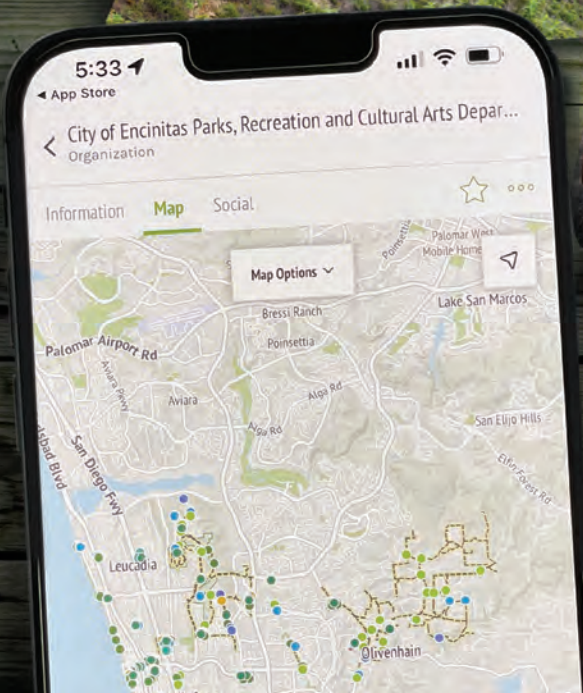


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Introducing OuterSpatial, Encinitas Parks and Rec's official mobile app. Download the OuterSpatial-powered app before heading into the outdoors to explore dozens of trails and routes using real-time GPS, Encinitas' parks, event and program news, and much more.



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