WINTER 2023 - [EVENTS] [ACTIVITIES] [FAMILIES] [FUN] [LIFE]



PARKS, RECREATION AND CULTURAL ARTS



PARKS AND PLACES TO ENJOY

Facilities and parks in your city

Page

CYCLOVIA ENCINTAS Rolls onto Coast Highway 101 Jan 8

Back COVER

EXPLORE OUTERSPATIAL! New app to guide your outdoor adventures





PROGRAM ACCOMMODATIONS

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PROGRAMS

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The City of Encinitas offers financial assistance for youth programs to Encinitas Residents who meet income requirements. Please contact the Parks and Recreation Department office at 760-633-2740 for more information.

Las Becas para Jovenes:

La Ciudad de Encinitas ofrece asistencia financiera para programas juveniles a residentes de Encinitas que cumplan con los requisitos de ingresos. Para obtener más información, favor de comunicarse al Departamento de Parques y Recreación al 760-633-2740.

PROGRAM FEES: Non-residents add \$10 to registration fee. A \$2.50 processing fee will be added to each Youth & Teen, Adult and Sports program. Senior Citizen non-residents add \$3. A \$1 processing fee will be added to each Senior program.

The City of Encinitas Parks, Recreation and Cultural Arts Department is committed to providing inclusive programs and opportunities to increase individual potential for full and active participation in all activities and experiences. Requests for accommodations will be considered on a case-by-case basis.

If you require an accommodation, or need further information concerning inclusive or specialized recreation and accommodation for a city program, please contact us with at least 72 hours notice before the activity date. To request accommodation or for additional information, please email encinitasparksandrec@encinitasca.gov or call (760) 633-2740.



VISIT ENCINITASCA.GOV

and click on I Want To...Find Job Openings

QUESTIONS CALL (760) 633-2767

	щ		TRAIL HEAD	PLAYGROUND	PICNIC PAVILION	BATHROOMS	OFF-LEASH HOURS	DOG PARK	OCEAN VIEW	BASKETBALL	VOLLEY BALL	BASEBALL	SOCCER	TENNIS	HOR SE SHOES	BOCCE BALL	SKATE PARK	EQUESTRIAN	BBQ GRILL	ADA ACCESSIBLE	
	S	FACILITY NAME	Ę	3	≧	BA.	OF.	8	00	BA	0/	BA	SO	F	皇	80	SK,	EÕ	BB	ΑĐ	ADDRESS
1	PARK																	•			
	P1	Leucadia Roadside Park																			860 North Coast Hwy 101
	P2	Orpheus Park		X	X		X		X											X	482 Orpheus Ave
	P3	Encinitas Viewpoint Park		X			X		X											X	56 East D Street
	P4	Oakcrest Park	X	X	X	X				X					X	X			X	X	1219 Encinitas Blvd
	P5	H Street Viewpoint							X											X	498 H Street
	P6	I Street Viewpoint							X											X	498 I Street
	P7	Glen Park		X	X	X			X	X	X			X	X				X	X	2149 Orinda Dr
	P8	Cardiff Sports Park		X	X	X				X		X	X						X	X	1661 Lake Dr (8am - 9pm)
	P9	Wiro Park	X	X	X														X	X	2232 El Camino Del Norte
	P10	Mildred MacPherson		X					Χ	X										X	1045 South Vulcan Ave
	P11	Paul Ecke Sports Park				Χ						Χ	Χ							Χ	278 Saxony Rd (8am - 11pm)
	P12	Scott Valley Park		X						Χ	Χ								Χ	X	1602 Willowhaven Rd
pro	P13	Leo Mullen Sports Park	X	Х	Х	Χ				Χ		Χ	Χ							Χ	951 Via Cantebria
	P14	J Street Viewpoint							Χ											Χ	398 J Street
	P15	Little Oaks Equestrian Park	Х		Χ													Χ			2879 Lone Jack Rd
	P16	Cottonwood Creek Park	Х	Χ	Χ	Χ				Χ				Χ					Х	Χ	95 North Vulcan Ave
	P17	Hawk View Park	Х	X																Х	1309 Blue Heron Ave
Ç	P18	Sun Vista Park	Х	Χ	Х		Х													Χ	2011 Avenida La Posta
Š	P19	Leucadia Oaks Park		Χ						Х	Х						Χ		Χ	Х	1511 North Vulcan Ave
at.	P20	Las Verdes Park	Х	Х	Х															Х	1390 Paseo De Las Verdes
	P21	Encinitas Community Park		Х		Χ		Х				Х	Х				Χ		Χ	Х	425 Santa Fe Dr (Facilities 8am - sunset)
¥.	P22	Moonlight Beach Park	Х	Х		Χ			X		Χ			X					Χ	Х	400 B Street
	P23	Moonlight Beach Overlook							Χ											Х	400 Moonlight Lane
	P24	Olympus Park		Х	Х			Х		Х							Χ			Χ	701 Olympus Street
4	CITY	OFFICES AND FACILITI	ES																		
	F1	Encinitas Parks, Recreation and Cultural Arts Department Offices				х														Х	505 South Vulcan Ave 760-633-2740
	F2	Encinitas Community and Senior Center	Х			X			Х	Х	Χ									Х	1140 Oakcrest Park Dr 760-943-2260
	F3	Scout House Facility at Glen Park				Х			Х											Х	2149 Orinda Dr 760-633-2740
100	F4	Encinitas Ranch Golf Course	Х			Х			Х											Х	1275 Quail Gardens Dr 760-944-1936
	F5	Encinitas Library Computer Lab				Х														Х	540 Cornish Dr 760-943-2260
	BEAC	·																			
3	B1	Grandview Beach							Х												1700 Neptune Ave
	B2	Beacon's Beach							Х												948 Neptune Ave
	В3	Stonesteps Beach							Х												350 South El Portal
1	B4	Moonlight Beach			Х	Х			Х		Х								Х	Х	400 B Street
	B5	D Street Beach							Х												450 D Street
	В6	Swami's Beach				Х			Х							DOM:				Χ	1298 South Coast Hwy 101

PLACES TO PLAY IN YOUR CITY



FOR YOUR INFORMATION

Park hours are 5am - 10pm unless stated otherwise. Beach parking and amenities hours are 5am - 10pm. Beach is closed 2am - 4am. Please no glass containers, polystyrene food containers or smoking allowed at City parks, beaches and trails. All parks are available on a first-come, first-serve basis. Special Event and Facility Use Permits are available for select locations. For complete details on all of the City's parks, beaches, facilities and recreational trails, visit www.EncinitasParksandRec.com or call the Parks, Recreation and Cultural Arts Department at (760) 633-2740.

BIKE AND E-BIKE RESOURCES

Electric bicycles (e-bikes) are more popular than ever and allow people of many ages and abilities to get out and enjoy the fun and exhilaration of cycling with assistance from an electric motor. There are many different styles of e-bikes, from cargo e-bikes to beach cruisers to mountain bikes, making them useful and fun in many ways. E-bikes also provide a great alternative to getting in a car to travel around town.



If you ride, or are considering riding an e-bike in and around Encinitas, please take the time to learn what's allowed, what the applicable laws are and follow guidelines and recommendations for riding safely. Visit the City's Electric Bicycle information webpage at www.EncinitasCA.gov/ebikes. Also find our handy E-Bike Road Rules folding pocket brochure available on the webpage or pick one up at Encinitas City Hall and the Encinitas Community Center.







City Cycling Bike/E-Bike Safety & Skills classes in Encinitas

In our courses, offered in partnership between the City of Encinitas and the San Diego County Bicycle Coalition and under the direction of a trained bike instructor, you will learn

the rules of the road and practice essential bike riding skills. Topics covered include where to ride, best practices, emergency maneuvers, and legal rights and responsibilities. The 3-hour class is broken up into 3 parts: lecture, skills drills, and a guided road ride to put your new skills into action! Class content applies to both regular and e-bikes. Make sure your bike is in good working order and ready to ride. Some cycling experience is required as this is not a "learn-to-ride" class. Encinitas residents will receive a refund of registration amount after completion of the course (\$2.50 ActiveNet system processing fee is non-refundable). If under 16, parent registration and participation strongly encouraged. For participants 12 and under, parent registration and participation required. Classes are held monthly on select Saturdays 9am-12pm at the Encinitas Community Center. For info and to register, visit www.EncinitasCA.gov/Ebikes

Location: Encinitas Community Center

Instructor: San Diego County Bicycle Coalition

Date	Time	Day	Fee	Course
12/17	9am – 12pm	Sa	\$10	13384
1/21	9am – 12pm	Sa	\$10	13385
2/18	9am – 12pm	Sa	\$10	13386
3/18	9am – 12pm	Sa	\$10	13387





Enjoy downtown Encinitas in a new way

Bring your friends and family and enjoy downtown Encinitas at a different pace on bike, on foot, or other means of self-powered transportation.

There will be plenty of great shops and dining to check out and activities: including a bicycle safety rodeo, bike skills course, bike and helmet decorating station, information booths, and more.

Visit www.EncinitasCA.Gov/Cyclovia for more information















Encinitas kicked off the holiday season at the 2022 Encinitas Holiday Parade presented by:

The City of Encinitas thanks Ting Internet, along with all of its parade sponsors, AMR Ambulance, Cox Communications, and EDCO Disposal for their support of the Encinitas Holiday Parade. Happy Holidays and a terrific 2023!

ENCINITAT





Encinitas Youth Commission presents

Holiday Décor Contest!

November 19th - December 5th (midnight)

Price of submission \$10.00

5 winners, including 1 Grand Prize winner, selected!

Criteria:

Presentation, Theme, Originality, Creativity

For info, visit www.EncinitasParksandRec.com





Search Course # for complete program information. Non-residents add \$10 to registration fee. A \$2.50 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

ARTS AND CRAFTS

Star Shiners Tap & Ballet (ages 4-1/2 - 5yrs)

Keep your Star Shiner moving in this tap and ballet combination dance class. This class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique. Classes start with tap and transition into ballet each week. Classes are designed to be progressive and continuous, but payment and registration is per session. All participants are invited to be part of the annual spring recital in June 2023!

Location: Encinitas Community Center Instructor: Brittany White Gonzales

Date	Time	Day	Fee	Course
1/17 – 2/21	4:15 – 5:05pm	Tu	\$107	13327
2/28 – 4/4	4:15 – 5:05pm	Tu	\$107	13328

FREE / DROP IN At the Center

Car Seat Checks

A certified American Medical Response (AMR) child passenger safety technician conducts free car seat checks.

Time: 9:30am-12pm Location: Encinitas Community Center Parking Lot

Held first Monday of each month



Tiny Movers Tap/ Ballet (ages 3 - 4-1/2yrs)

This is a combination dance class of tap, ballet, and dance games. This energetic and expressive class will have your Tiny Mover learning age-appropriate dance and motor skills, musicality, and rhythm to reach class goals in fun creative ways. This is the first big girls and boys class as parents watch from outside of the room. All participants are invited to be part of the annual spring recital in June 2023!

Location: Encinitas Community Center Instructor: Brittany White Gonzales

Date	Time	Day	Fee	Course
1/17 – 2/21	3:20 – 4:10pm	Tu	\$107	13323
2/28 – 4/4	3:20 – 4:10pm	Tu	\$107	13324





ARTS AND CRAFTS

Get Crafty with Mindcraft (ages 7 - 12)

Do you like Minecraft and doing arts and crafts? Well, if you do, this is the crafting class for you! During this 6-week class, We will be doing different projects. we will explore how to make squishies, a little on color theory and paint tips, and lastly having fun creating characters in Minecraft art class. Week 1-2: Super squishy TNT cubes. Week 3-4: Paint Steve on a canvas. Week 5-6: wooden block life-sized diamond sword.

Location: Encinitas Community Center

Instructor: Nicole Florence

Date	Time	Day	Fee	Course
1/12 – 2/16	3:30 – 4:30pm	Th	\$145	13185

Art Skills: Architecture, Anime, Cartooning (ages 7 - 13)

Young artists learn drawing skills in Architecture, Anime, and Cartooning. They learn how to design and draw various 2D and 3D architectural forms of buildings and structures, with an introduction to perspective drawing. In anime, cartooning, we start with how to draw simple shapes, then evolve to drawing faces with different expressions and then adding a body to show their characters performing different actions.

Location: Encinitas Community Center

Instructor: Kidz2Proz

Date	Time	Day	Fee	Course
1/12 – 3/16	3:30 – 4:30pm	Th	\$200	13381

CAMPS

Seaside Day Camp

Are you ready to have some good old-fashioned camp fun? Seaside Day Camp is ready to provide you with an opportunity to be with your friends, play games, be in nature, and have some fun! Plan to spend your winter break with us away from screens and the same daily routines. Great childhood memories are waiting to be made at Seaside Day Camp!

Location: Glen Park Scout House

Instructor: Parks, Recreation & Cultural Arts Department Staff

Seaside Jr. Winter Break (ages 5 – 7)

Date	Time	Day	Fee	Course
12/26 - 12/30	9am – 3pm	M-F	\$200	13388
1/2 – 1/6	9am - 3pm	M-F	\$200	13389

Seaside Winter Break (ages 8 – 12)

Date	Time	Day	Fee	Course
12/26 – 12/30	9am – 3pm	M-F	\$200	13194
1/2 – 1/6	9am - 3pm	M-F	\$200	13195

Winter Break Before & Aftercare (ages 5 – 12)

Date	Time	Day	Fee	Course
12/26 - 12/30	7am - 9am	M-Th	\$30	13204
12/26 – 12/30	3pm - 6pm	M-Th	\$45	13205
1/2 – 1/6	7am - 9am	M-F	\$30	13208
1/2 – 1/6	3pm - 6pm	M-F	\$45	13207

Search Course # for complete program information. Non-residents add \$10 to registration fee. A \$2.50 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

Seaside Day Camp Continued

Seaside Jr. Spring Break (ages 5 - 7)

Date	Time	Day	Fee	Course
3/27 – 3/31	9am – 3pm	M-F	\$200	13391

Seaside Spring Break (ages 8 – 12)

Date	Time	Day	Fee	Course
3/27 – 3/31	9am – 3pm	M-F	\$200	13390

Spring Break Before & Aftercare (ages 5 - 12)

Date	Time	Day	Fee	Course
3/27 – 3/31	7am - 9am	M-F	\$30	13392
3/27 – 3/31	3pm - 6pm	M-F	\$45	13393

Chess Wizards Camp (ages 6 - 11)

Chess Wizards has been teaching the game of chess since 2002. Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle your brain! Camps include fun team chess games (like Corner Chess), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. All the materials necessary for your child to participate are included, but full day kids should bring a lunch. Unleash your brain power and spend part of your vacation with Chess Wizards!

Location: Encinitas Community Center

Instructor: Chess Wizards Note: No class Mon 1/2

AM

Date	Time	Day	Fee	Course
1/3 – 1/6	9am – 12pm	T-F	\$250	13223

PM

Date	Time	Day	Fee	Course
1/3 – 1/6	12pm – 3pm	T-F	\$250	13224

Full Day

Date	Time	Day	Fee	Course
1/3 – 1/6	9am – 3pm	T-F	\$365	13222

Crazy Chem Works Camp (ages 6 - 10)

Shake up a flask of fun in the lab and become a junior chemist! Learn to recognize chemical reactions and mix up a few reactive ingredients for some sensational results. Check out the colors of chemistry with the power of pH paper and create a stopper-popping reaction. Probe the properties of light and discover some unusual applications of glow-in-the-dark technology. Campers have a blast as they make some crazy concoctions. Take home projects include a reaction tube kit, atomic coins, thermocolor cup, slippery slime, Professor Beakerdude and more!

Location: Encinitas Community Center

Instructor: Mad Science

Date	Time	Day	Fee	Course
1/2 – 1/6	9am – 12pm	M-F	\$195	13295

Mad Science All Stars Camp (ages 6 - 9)

You have been selected to participate on the Mad Science All-Star team! Learn about famous scientists and inventors who were all-stars in their field of expertise. Follow in their footsteps as we equip you with the science skills needed to rise to the top. Together with your teammates you will build super structures, create a volcanic eruption and examine rocks formed from volcanic magma. Soar high above as you build a kite and experiment with lift, aerodynamics, and air pressure. Discover the secret behind the stars and make a star chart.

Location: Encinitas Community Center

Instructor: Mad Science

Date	Time	Day	Fee	Course
12/26 - 12/30	9am – 12pm	M-F	\$195	13337

Kids2Proz Camp (ages 5 - 12)

This Holiday break at the Encinitas Community Center, join our Kids2Proz group for a week of activities! this camp will have a variety of activities to let your camper try all kinds of fun. Things like Art projects to express all your camper's inner creativity, or STEM projects that will foster their sense of wonder, and different wacky sports to get out all those wiggles! Make sure to pack a lunch and closed - toed shoes.

Location: Encinitas Community Center

Instructor: Kidz2Proz

Date	Time	Day	Fee	Course
12/26 - 12/30	9am – 3pm	M-F	\$395	13382

Winter Wonderland LEGO STEM Camp (ages 5 – 8)

Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Houseboats, Teacup Rides, and Space Shuttles! Design and build as never before, and explore your craziest ideas in a supportive environment.

Location: Encinitas Community Center Instructor: Play-Well TEKnologies

Date	Time	Day	Fee	Course
1/2 – 1/6	9am – 12pm	M-F*	\$198	13308

*No class Wed 1/4

Cooking Round the World: Regions of China (ages 6 - 11)

Each Chinese region has its own unique set of recipes including different spices. Campers will explore the various cooking styles and offerings from these regions: Sichuan, Taiwan, Hunan, Shandong and Guangdong (Cantonese).

Location: Encinitas Community Center

Instructor: Mindy Myers

Date	Time	Day	Fee	Course
1/2 - 1/6	9am – 12pm	M – F	\$300	13294



DANCE AND MOVEMENT

Beat Breakers Hip Hop (ages 4 - 6)

These fun, high-energy classes will definitely have you movin' to the beats. Let loose while developing musicality, confidence, coordination, and creativity. No need to be intimidated. These classes are great for those who want to enhance their hip hop groove. All music and moves are age appropriate. Classes are designed to be progressive and continuous, but payment and registration is per session. All participants are invited to be part of the annual spring recital in June 2023!

Location: Encinitas Community Center Instructor: Brittany White Gonzales

Date	Time	Day	Fee	Course
1/17 – 2/21	5:10 – 6pm	Tu	\$107	13325
2/28 – 4/4	5:10 – 6pm	Tu	\$107	13326

FITNESS

Play It All Sports (ages 3 - 7)

At KidzToPros Play It All Sports, teams of campers will compete in various activities and sports including soccer, basketball, flag football, street hockey and kickball. All campers will learn important values of being a great athlete, like teamwork, problem-solving, and good sportsmanship. Our passionate, highly trained coaches will help campers develop their sports skills and teach new tricks, while providing guidance, motivation and encouragement!

Location: Encinitas Community Center

Instructor: Kidz2Proz

Date	Time	Day	Fee	Course
1/11 – 3/15	3:30 – 4:30pm	W	\$164	13339

Search Course # for complete program information. Non-residents add \$10 to registration fee. A \$2.50 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

13

Karate - Beginner (ages 6 - 17)

International Karate League: Modified Okinawa Shorin-Ryu. Learn fundamentals of traditional karate for the purpose of developing character, respect, conditioning, and self-protection. Taught by a Sensei with vast experience teaching children, teens, and adults in a fun, disciplined, and supportive environment. For more information visit www.ikl.org.

Location: Encinitas Community Center

Instructor: Marc Pease

Date	Time	Day	Fee	Course
1/8 – 2/12	1 – 2pm	Su	\$35	13311
1/11 – 2/15	5 – 6pm	W	\$42	13309
2/19 – 3/19	1 – 2pm	Su	\$35	13312
2/22 – 3/22	5 – 6pm	W	\$35	13310

No Class 4/17

Karate - Intermediate (ages 6 - 17)

This karate class further develops physical ability, mental acuity, and strength of character. Learn how to move like a martial artist, strengthening balance, posture, breathing, and ambidexterity. Further exploration of kata (forms), and self-defense concepts. Entry to intermediate class requires instructor approval.

Location: Encinitas Community Center

Instructor: Marc Pease

Date	Time	Day	Fee	Course
1/8 – 2/12	2 – 4:30pm	Su	\$40	13315
1/11 – 2/15	6 – 7:30pm	W	\$48	13317
2/19 – 3/19	2 – 4:30pm	Su	\$40	13316
2/22 – 3/22	6 – 7:30pm	W	\$40	13318

Karate – Teen & Adult (ages 13 and up)

International Karate League: Modified Okinawa Shorin-Ryu. Learn fundamentals of traditional karate for the purpose of developing character, respect, conditioning, and self-protection. Taught by a Sensei with vast experience teaching children, teens, and adults in a fun, disciplined, and supportive environment. For more information visit www.ikl.org

Location: Encinitas Community Center

Instructor: City Staff

Date	Time	Day	Fee	Course
1/11 – 2/15	7:30 – 8:45pm	W	\$55	13313
2/22 - 3/22	7:30 – 8:45pm	W	\$45	13314

SPECIAL INTEREST

Child and Babysitter Safety (ages 10 - 16)

Babysitting Safety Class is a community education program designed to teach youths, age 11 and older, basic care techniques and child safety for infants and children. This class is a hands-on program where the participants can practice infant care skills on dolls and manikins, as well as other babysitter activities. Participants receive a babysitter booklet and certificate, and CPR for infant/child participation certificate.

Location: Encinitas Community Center

Instructor: Lockhart Training

Date	Time	Day	Fee	Course
2/4	9:30am - 1:30pm	Sa	\$73	13225



Cooking Round the World Part 1 (ages 6 - 11)

You wont need a passport to cook from different countries around the world! Children will learn about culture, tastes, and celebrations while enjoying the foods and flavors from different countries. Each class we cook 2 different dishes from the country of the day. Other activities include map and language education, a folktale from the country of the day, and a cooking demonstration. Delicious food, fun and education... what could be better?!

Location: Encinitas Community Center

Instructor: Mindy Myers

Date	Time	Day	Fee	Course
1/10 – 2/21	3:30 – 5pm	Tu	\$210	13226

Cooking Round the World Part 2 (ages 6 - 11)

We will be "visiting" 5 new countries and learn about cultures and tastes using food as the conduit to get there. This hands on cooking experience will give your child both culinary skills and open them up to new worlds of understanding with an eye towards embracing the world.

Location: Encinitas Community Center

Instructor: Mindy Myers

Date	Time	Day	Fee	Course
2/28 – 3/28	3:30 – 5pm	Tu	\$175	13227

LEGO Robotics Discover and Build (ages 7 - 10)

By combining LEGO elements with a programmable brick, motors, and sensors, kids can make their creations walk, talk, grab, think, shoot and do almost anything you can imagine! We will build things like a humanoid robot, a shooting scorpion, a slithering snake, a fork lift, a race truck, an electric guitar, a walking dinosaur and many more!

Location: Encinitas Community Center

Instructor: Kidz2Proz

Date	Time	Day	Fee	Course
1/9 – 4/13	3:30 – 4:30pm	М	\$234	13379

No Class 1/16, 2/20

Wonder Robotics: Create and Code (ages 3 - 6)

Using "Dash", a dynamic STEM robot, kids will be formed into teams of up to 5 individuals and will learn how to program their way through a series of increasingly complex missions. These fun activities will encourage creative thinking, problem solving and teamwork.

Location: Encinitas Community Center

Instructor: Kidz2Proz

Date	Time	Day	Fee	Course
1/10 – 3/14	3:30 – 4:30pm	Tu	\$234	13380



Code of Conduct

The City of Encinitas Parks, Recreation and Cultural Arts Department Code of Conduct is to ensure respectful and safe participation in Encinitas recreation programs and activities. Participants, as well as parents of participating minors, may be required to sign Code of Conduct forms to acknowledge program rules, goals, expected behavior and/or consequential actions to support a positive and valued learning and/or recreational experience. This Code is also to be considered and adhered to by all contracted, voluntary and other support staff.

Search Course # for complete program information. Non-residents add \$10 to registration fee. A \$2.50 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.



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GOLF

Golf Clinic - Youth (ages 6 – 15)

Camp will cover full swing, chipping, pitching, driving and sand shots. Clinic develops etiquette and knowledge of the game. All levels of players welcome. Bring your own equipment; otherwise, balls and clubs will be provided.

Location: Encinitas Ranch Golf Course

Instructor: Scott Newman

Date	Time	Day	Fee	Course
1/25 – 3/1	3:30 – 4:30pm	W	\$250	13371
1/28 – 3/4	10 – 11am	Sa	\$250	13372

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SKATEBOARDING

SD Skatelife Beginner Skateboarding Clinic (ages 5 – 10)

SD Skatelife expert instructor Andrew Barbosa is offering a beginner skateboarding class designed to teach the fundamentals of skateboarding in a safe and comfortable environment. This class will focus on fundamental balance exercises, skateboarding safety, skatepark etiquette, ramp skills and beginner trick progressions! No experience needed. All students must wear a helmet, elbow pads and knee pads to participate (not provided by instructor). Contact instructor for skateboard rental options at: Andrew@sdskatelife.com

Location: Skate Plaza at Encinitas Community Park

Instructor: Andrew Barbosa

Date	Time	Day	Fee	Course
1/8 – 2/12	9:30 – 10:30am	Su	\$120	13375
2/26 - 3/26	9:30 - 10:30am	Su	\$100	13376

SD Skatelife Intermediate/Advanced Skateboarding (ages 5 – 12)

Participants will work on intermediate and advanced trick progressions, including flat ground flip tricks, stairs, grinds, creating competitive flow runs, airs, pool skating and much more. All students must wear a helmet, elbow pads and knee pads to participate (not provided by instructor). Contact instructor for skateboard rental options at: Andrew@sdskatelife.com

Location: Skate Plaza at Encinitas Community Park Instructor: Andrew Barbosa

Date	Time	Day	Fee	Course
1/8 - 2/12	10:30 – 11:30am	Su	\$120	13377
2/26 – 3/26	10:30 – 11:30am	Su	\$100	13378



SOCCER

Soccer Shots

Introduce your child to the beautiful game of soccer in a creative, age appropriate, non-competitive setting. Soccer Shots classes develop strong youth beyond just the game of soccer. Classes are taught by coaches who are passionate about working with children and teaching soccer.

Instructor: Soccer Shots

Mini (ages 2 - 3)

Location: Cardiff Sports Park

Date	Time	Day	Fee	Course
1/22 – 3/26	9 – 9:30am	Su	\$250	13358
1/22 – 3/26	9:45 – 10:15am	Su	\$250	13364
1/22 – 3/26	10:30 – 11am	Su	\$250	13359

Mini (ages 2 - 3)

Location: Encinitas Community Park

Date	Time	Day	Fee	Course
1/21 – 3/25	9 – 9:30am	Sa	\$250	13356
1/21- 3/25	9:45 – 10:15am	Sa	\$250	13363
1/21 – 3/25	10:30 – 11am	Sa	\$250	13357
1/24 – 3/28	3:20 – 3:50pm	Tu	\$250	13360
1/26 – 3/30	3:20 – 3:50pm	Th	\$250	13361
1/27 – 3/31	3:20 – 3:50pm	F	\$250	13362

Classic (ages 3 - 5)

Location: Cardiff Sports Park

Date	Time	Day	Fee	Course
1/22 – 3/26	9 – 9:40am	Su	\$250	13355
1/22 – 3/26	9:45 – 10:25am	Su	\$250	13346
1/22 – 3/26	10:30 – 11:10am	Su	\$250	13347
1/22 – 3/26	11:20am – 12pm	Su	\$250	13351

Search Course # for complete program information. Non-residents add \$10 to registration fee. A \$2.50 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

Search Course # for complete program information. Non-residents add \$10 to registration fee. A \$2.50 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

Soccer Shots Continued

Classic (ages 3 - 5)

Location: Encinitas Community Park

Date	Time	Day	Fee	Course
1/24 – 3/28	3:55 – 4:35pm	Tu	\$250	13348
1/26 – 3/30	3:55 - 4:35pm	Th	\$250	13345
1/27 – 3/31	3:55 – 4:35pm	F	\$250	13353
1/21 – 3/25	9 – 9:40am	Sa	\$250	13349
1/21 – 3/25	9:45 – 10:25am	Sa	\$250	13350
1/21 – 3/25	10:30 – 11:10am	Sa	\$250	13354
1/21 – 3/25	11:20am – 12pm	Sa	\$250	13352

Premier (ages 6 - 10)

Location: Cardiff Sports Park

Date	Time	Day	Fee	Course
1/22 – 3/26	11:20 – 12pm	Su	\$250	13366

Premier (ages 6 - 10)

Location: Encinitas Community Park

Date	Time	Day	Fee	Course
1/24 – 3/28	4:40 – 5:20pm	Tu	\$250	13367
1/26 – 3/30	4:40 – 5:20pm	Th	\$250	13368
1/27 – 3/31	4:40 – 5:20pm	F	\$250	13369
1/21 – 3/25	11:20am – 12pm	Sa	\$250	13365

SURF

After School Surf (ages 9 - 16)

Surfing fundamentals, proper techniques, skill development, and ocean safety are taught to participants in a well-supervised and fun environment. Our professional and experienced staff will make sure students have a great time, whether just beginning to surf or focused on improving their current set of skills.

Location: Moonlight Beach Instructor: Brent Stephens

Date	Time	Day	Fee	Course
3/7 – 3/28	3:30 – 5pm	Tu	\$280	13340
3/8 – 3/29	3:30 – 5pm	W	\$280	13341

Little Groms Surf School (ages 5 - 8)

Dedicated to our next generation of surfers and watermen who are just ready to hit the water but may be a bit scared. Your child will learn ocean safety, develop skills to swim in the ocean, bodyboard, and surf, while making some new surf buddies!

Location: Moonlight Beach Instructor: Brent Stephens

Date	Time	Day	Fee	Course
3/7 – 3/28	3:30 – 5pm	Tu	\$280	13342
3/8 - 3/29	3:30 – 5pm	W	\$280	13343

VOLLEYBALL

Sinjin Smith Beach Volleyball Class (ages 6 – 16)

Sinjin Smith presents beach volleyball class every Saturday 9-10:30 AM at Moonlight Beach!! Learn from coaching staff that have learned from the king himself. Beach Volleyball coaches will help each participant develop their beach volleyball skills in a fun and safe setting on the sand. Sinjin makes appearances all the time, join us for a chance to meet the king of the beach! For more information please visit: www.beachvolleyballcamps.com.

Location: Volleyball Courts at Moonlight Beach Instructor: Morley Rockett

 Date
 Time
 Day
 Fee
 Course

 1/7 - 2/11
 9 - 10:30am
 Sa
 \$180
 13373

 2/18 - 3/25
 9 - 10:30am
 Sa
 \$180
 13374





BASKETBALL

Women's Basketball League

The Women's Basketball League is for players of all abilities 18 and up. Games are played on Monday nights. All teams will play approximately 10 regular season games and a championship tournament for the top four teams in the league. Game times are based on number of teams in the league. Individual sign up only prior to the player draft. Players are then placed on teams. Registration fee \$300/team plus an additional fee for Officials at \$61/game. Fees are collected by the League Administrator. Please call (760) 943-2269 for more information. California Department of Health Guidelines will be followed.

Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
2/27 – 5/15	6 – 8:30pm	М	\$300	13305

Women's Basketball Lunch League

Calling all female basketball players! Come join the Encinitas Ladies only lunch league. Games are full court and are a great way to get your cardio in, make new friends and keep your game on point. Times may vary due to other recreation programs. Please review Monthly Gym Calendar for confirmation of times. California Department of Health Guidelines will be followed.

Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
1/10 – 3/31	11am - 12pm	Tu, F	\$35	13304

Men's Basketball Lunch League

Work got you stressed out? Relieve your stress with a little lunch time basketball. Our lunch league consists of full court games designed to keep the action moving. Teams are formed daily and games are twelve minutes in duration. Come join the action! Times may vary due to other recreation programs. Please review the Monthly Gym Calendar for confirmation of times. California Department of Health Guidelines will be followed.

Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
1/9 – 3/31	12 – 1pm	M-F	\$88	13301

No Program 1/16, 2/20

Code of Conduct

The City of Encinitas Parks and Recreation Department Code of Conduct is to ensure respectful and safe participation in Encinitas recreation programs and activities. Participants, as well as parents of participating minors, may be required to sign Code of Conduct forms to acknowledge program rules, goals, expected behavior and/or consequential actions to support a positive and valued learning and/or recreational experience. This Code is also to be considered and adhered to by all contracted, voluntary and other support staff.

Search Course # for complete program information. Non-residents add \$10 to registration fee. A \$2.50 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

Morning Men's Basketball

Get your morning hoops on at the Community Center. This is a great way to get in shape while having fun. Games are played 5 on 5 full court. Games are based on continuous play to promote great cardio by keeping games moving. California Department of Health Guidelines will be followed.

Location: Encinitas Community Center Gymnasium

Sundays

Date	Time	Day	Fee	Course
1/8 – 3/26	8 – 10am	Su	\$35	13303

GOLF

Adult Golf Clinic

Camp will cover full swing, chipping, pitching, driving and sand shots. Clinic develops etiquette and knowledge of the game. All levels of players welcome. Bring your own equipment; otherwise, balls and clubs will be provided.

Location: Encinitas Ranch Golf Course

Instructor: Scott Newman

Date	Time	Day	Fee	Course
1/28 – 3/4	11am – 12pm	Sa	\$250	13370



KICKBALL/SOFTBALL

Adult Coed Kickball

Get outside and enjoy the beautiful southern California weather by playing some coed kickball. Get your friends and co-workers together and register a team in the upcoming kickball league. Teams are responsible for league fee. For more information please call 760-633-2756

Location: Cardiff Sports Park

Date	Time	Day	Fee	Course
2/27 - 5/22	6 – 9pm	М	\$245	13335

Adult Men's Softball

Get outside and enjoy the beautiful southern California weather by playing some softball. Get your friends and co-workers together and register a team in the upcoming softball league. Teams are responsible for league fee. For more information please call 760-633-2756.

Location: Cardiff Sports Park

Date	Time	Day	Fee	Course
2/1 – 6/7	6 – 9pm	W	\$600	13334

VOLLEYBALL

Adult Indoor Volleyball

This adult coed volleyball program is for anyone 18 and up who wants to play without forming a team, having a team captain, or requiring a roster! In other words, it is a more structured open gym where you can come and play in a fun and social environment. There will be 2 courts available based loosely on level of play; beginner, intermediate, and advanced. Players will be assigned to one of four teams each evening. Ideal participants will have strong skills in passing, setting, and attacking in 6-person role-based play (setter, middle hitter/blocker, outside hitter, etc.). Team assignments will change weekly based on availability of players and their skills and positional strengths. This gameplay is intended to be friendly, but competitive and sportsmanlike. We look forward to seeing you there! California Department of Health Guidelines will be followed.

Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
1/10 – 3/28	6 – 8pm	Tu	\$40	13306



DANCE AND MOVEMENT

Ballet 18 and Up

Ballet is the basis of all other dance forms. A beginning-intermediate level class that covers barre, center and across the floor movements with terminology and stretching, accompanied by beautiful music in a relaxed, easy-to learn setting, taught by a former professional dancer. Close fitting dancewear and ballet slippers should be worn after first class meeting.

Location: Encinitas Community Center

Instructor: Marti Neal

Date	Time	Day	Fee	Course
1/3 – 2/14	6:30 – 7:45pm	Tu	\$84	13229
2/21 – 3/28	6:30 – 7:45pm	Tu	\$72	13230

Soul Line Dancing Class

Line dancing was never meant to be limited to country western tunes. SOUL line dances are choreographed to R&B, jazz, latin and many of your favorite Motown tunes. Grab a friend and come give it a try. No partner or experience needed. Secure footware required.

Location: Encinitas Community Center

Instructor: Pamela Jackson

Date	Time	Day	Fee	Course
1/5 – 2/9	6:30 – 8pm	Th	\$59	13231
2/23 – 3/30	6:30 – 8pm	Th	\$59	13232

FITNESS

Present Moment Yoga

This class honors the philosophy as well as the physical aspects of yoga. Join if you are a student looking to enhance your yoga skills and understanding. Here you will be able to connect to your practice and express yourself through breath, movement, and meditation. Bring a yoga mat, blocks(2), strap and meditation cushion. If you don't have, see the instructor.

Location: Encinitas Community Center

Instructor: Lynda Light

Date	Time	Day	Fee	Course
1/4 – 2/8	1:30 – 2:45pm	W	\$65	13291
2/15 – 3/29	1:30 – 2:45pm	W	\$91	13292

No Class 2/1

Search Course # for complete program information. Non-residents add \$10 to registration fee. A \$2.50 processing fee will be added to each Tiny Tot, Youth & Teen, Adult and Sports program.

T'ai Chi Chih - Beginner

Harmonize your body, mind, and spirit with T'ai Chi Chih, a moving mindfulness meditation consisting of non-martial movements dedicated to circulating and balancing the cosmic energy. These enjoyable easy to learn movements cultivate health, serenity, and longevity. Tai Chi Chih means "Supreme Ultimate Knowledge".

Location: Encinitas Community Center

Instructor: Christina Tillotson

Date	Time	Day	Fee	Course
1/9 – 2/13	6:30 – 7:30pm	М	\$45	13239
2/27 - 3/20	6:30 – 7:30pm	М	\$36	13240

No Class 1/16

SPECIAL INTEREST

French I

Bonjour! Perhaps you studied French in high school or college and regret not having continued this beautiful language. Come learn to speak French in a fun, relaxed, non-judgmental setting. You will enjoy listening, repeating and communicating with others through oral and written exercises, some grammar, and conversation.

Location: Encinitas Community Center

Instructor: Carole Meilich

Date	Time	Day	Fee	Course
1/7 – 2/11	12 – 1pm	Sa	\$120	13319
2/18 – 3/25	12 – 1pm	Sa	\$120	13320

French II

Bonjour! Perhaps you studied French in high school or college and regret not having continued this beautiful language. Come learn to speak French in a fun, relaxed, non-judgmental setting. You will enjoy listening, repeating and communicating with others through oral and written exercises, some grammar, and conversation. Requirement: Basic knowledge from previous high school or college.

Location: Encinitas Community Center

Instructor: Carole Meilich

Date	Time	Day	Fee	Course
1/7 – 2/11	1 – 2pm	Sa	\$120	13321
2/18 – 3/25	1 – 2pm	Sa	\$120	13322







WELCOME TO THE ENCINITAS SENIOR CENTER!

1140 OAKCREST PARK DRIVE FRONT COUNTER: (760) 943-2250 LUNCH RESERVATIONS: (760) 943-2258

HOURS: M - F, 8AM - 4PM

Programs are offered for those 50 years of age and up, unless otherwise noted. Classes are subject to change and may be canceled if minimum participation is not met.

Fee-based classes for the session require payment in full at the time of enrollment. You may register online, by mail, or in person.

ARTS AND CRAFTS

Watercolor and More

Learn the fundamentals of watercolor as you explore and experiment with techniques that are fun and easy to do. No previous experience is necessary. All skill levels are welcome.

Location: Encinitas Senior Center Instructor: Denise McMurtrie

Date	Time	Day	Fee	Course
1/4 – 2/8	1:30 – 3:30pm	W	\$36	13235
1/6 – 2/10	9:30 – 11:30am	F	\$36	13236
2/15 – 3/29	1:30 – 3:30pm	W	\$42	13238
2/17 – 3/31	9:30 – 11:30am	F	\$42	13237

DANCE AND MOVEMENT

Winter Social Monthly Dances

It is time to strike up the band and dance to the classic melodies of yesteryear! A live band will be playing the classics. Couples and singles are welcome. Admission is \$5 cash at the door.

Location: Encinitas Senior Center

Date	Time	Day	Fee	Theme
1/20	2 – 4pm	F	\$5	Classic Hollywood
2/17	2 – 4pm	F	\$5	Valentine's
3/17	2 – 4pm	F	\$5	St. Patrick's

Search Course # for complete program information. Non-residents add \$3 to registration fee. A \$1 processing fee will be added to each Senior program.

New Years Eve Social Dance

Dress your best to enjoy live music, delicious refreshments, and a toast to 2023! Tickets went on sale October 21 at the Encinitas Community Senior Center and are available while supplies last. (Max. of 8 tickets per person). Tickets are \$15 per person.

Location: Encinitas Senior Center

Date	Time	Day	Fee	Band
12/31	2 – 4:30pm	Sa	\$10	Rhythm Express

FITNESS

Balance and Movement

Learn and practice easy movements to improve balance and reduce the risk of falling. By developing stability and coordination one will see improvement and gain confidence. One will learn to create a routine to do on your own at home.

Location: Encinitas Senior Center

Instructor: Mordy Levine

Date	Time	Day	Fee	Course
1/5 – 2/9	10 – 11am	Th	\$42	13241
2/16 – 3/30	10 – 11am	Th	\$49	13242



Golden and Toned

Golden and toned is tailored for active older adults, who want to focus on muscle conditioning with light weight activity and some dancing. This class blends the sounds of a Latin music party while doing a total body workout. Low to moderate intensity strength training with 1-pound weights or no weights at all. On occasion resistance bands may be used but not necessary. Be ready to have fun and tone up in this 30-minute class.

Location: Encinitas Senior Center

Instructor: Lori Massey

Date	Time	Day	Fee	Course
1/9 – 2/13	9 – 9:30am	М	\$25	13251
2/27 – 3/27	9 – 9:30am	М	\$25	13252

No class 1/16

Health Barre

In this effective total-body conditioning program you will improve your posture, muscle-tone and strength with basic pilates and ballet movements. Work your entire body using light weights, bands, ballet barre and your own body weight as well as other methods of resistance to promote lean muscle. Please bring a mat, 1 or 2 lb. hand weights, water and a towel.

Location: Encinitas Senior Center

Instructor: Lori Massey

Date	Time	Day	Fee	Course	
1/9 – 2/13	9:45 – 10:45am	М	\$25	13253	
1/3 – 2/14	9 – 10am	Tu	\$35	13254	
1/5 – 2/9	9 – 10am	Th	\$30	13255	
2/16 – 3/30	9 – 10am	Th	\$35	13258	
2/27 – 3/27	9:45 – 10:45am	М	\$25	13256	
2/21 – 3/28	9 – 10am	Tu	\$30	13257	

No Class 1/16

Qi Gong

Qi Gong is an ancient system developed in Asia for overall fitness and health. Participants will engage in simple, fluid motions as well as standing and sitting.

Location: Encinitas Senior Center

Instructor: Andrew Jones

Date	Time	Day	Fee	Course
1/9 – 2/13	8:30 – 9:30am	М	\$25	13243
1/5 – 2/9	8:30 – 9:30am	Th	\$30	13244
2/27 – 3/27	8:30 – 9:30am	М	\$25	13245
2/16 - 3/30	8:30 – 9:30am	Th	\$35	13246

No Class 1/16

T'ai Chi Chih - Intermediate/Open Beginners

Harmonize your body, mind, and spirit with T'ai Chi Chih, a moving mindfulness meditation consisting of non-martial movements dedicated to circulating and balancing the cosmic energy. These enjoyable easy to learn movements cultivate health, serenity, and longevity. Tai Chi Chih means "Supreme Ultimate Knowledge".

Location: Encinitas Senior Center Instructor: Christina Tillotson

Date	Time	Day	Fee	Course
1/4 – 2/8	10:30 – 11:30am	W	\$30	13247
2/15 – 3/22	10:30 – 11:30am	W	\$30	13248

Every-Body Yoga

Re-vitalize your whole being with yoga while strengthening and enhancing flexibility in joints, organs, muscles and bones. Learn the principles of alignment while deepening your ability to enjoy life in each moment. Breath, poses, and balance are an integral part. Create stamina from the inside out and feel the difference. Please bring a yoga mat and a small blanket or beach size towel.

Location: Encinitas Senior Center

Instructor: Lynda Light

Date	Time Day Fe		Fee	Course
1/4 – 2/8	12 – 1pm	W	\$30	13270
2/15 – 3/29	12 – 1pm	W	\$42	13271

No Class 2/1



Have you tried Zumba and been overwhelmed? This program is especially designed for the active over 50 group. Latin rhythms inspire moves to exercise the brain, heart and all the major muscle groups. You'll enjoy dancing and get a cardio workout. Bring water, dress lightly and come party with us!

Location: Encinitas Senior Center

Instructor: Lori Massey

Date	Time	Day	Fee	Course
1/3 – 2/14	10:15 – 11:15am	Tu	\$35	13259
1/5 – 2/9	10:15 – 11:15am	Th	\$30	13260
2/21 – 3/28	10:15 – 11:15am	Tu	\$30	13261
2/16 - 3/30	10:15 – 11:15am	Th	\$35	13262

Search Course # for complete program information. Non-residents add \$3 to registration fee. A \$1 processing fee will be added to each Senior program.

GAMES

Duplicate Bridge Play

Improve your skill level, concentration and memory by playing the challenging and competitive game of ACBL sanctioned Duplicate Bridge. This is a weekly ongoing program, so you may join at any time throughout the year. Cost includes a book of 8 play coupons/play sessions. No expiration date for coupon books. No refunds or exchanges.

Location: Encinitas Senior Center

Instructor: Ida Burcham

Date	Time	Day	Fee	Course
Ongoing	12:30 – 4pm	Th	\$40	13269

NUTRITION

Encinitas Parks and Recreation Cafe (Lunch Program)

The Encinitas Parks & Recreation Café offers daily nutritious lunches in a welcoming environment. Reservations or cancellations are required and can be made up until 9am the business day before you would like a meal by calling 760-943-2258. The suggested meal contribution is \$4 per meal for Seniors 60+. Cost is \$7.00 per meal for those age 60 and under or guests. Please make checks payable to the City of Encinitas. Please check-in for lunch from 11:00-11:30am. Lunch is served at 11:40am. The Encinitas Parks & Recreation Café is supported by the Older Americans Act Grant Funds, awarded through the County of San Diego Aging and Independence Services, and supported by the City of Encinitas and general meal donations. No eligible person shall be denied a meal because of failure or inability to contribute. *Please note, a client in-take form is required for all participants age 60+ and must be updated annually.

OUTREACH SERVICES

Tax Aide 2023 - AARP

Make an appointment with AARP Tax Aide by emailing AARPTAX. Encinitas@gmail.com or call 760-706-0540 and leave a message with the requested appointment date and time. Appointments can be made between 8:30am and 12:30pm, and typically last 1 hour. AARP Foundation Tax-Aide is available free to taxpayers with low and moderate income, with special attention to those 60 and older.

Location: Encinitas Senior Center

Date	Time	Day	Fee	Course
2/3 – 4/14	8:30am – 12:30pm	M, F	FREE	13216

Project C.A.R.E.

Project C.A.R.E. is a FREE "Safety Net" program of services for Encinitas seniors. If you live alone, this is a great resource. Services include: Vial of Life, Home Safety Check and information and referrals. Call (760) 943-2250 for more information.



SPECIAL INTEREST

Death Cafe

The Death Café is hosted by the City of Encinitas Parks, Recreation and Culture Arts Department. At the Death Café, people come together to eat cake, drink tea and discuss death. The objective is to increase awareness of death with a view to helping people make the most of their lives. Space is limited. Registration is required. RSVP to this free event by calling 760-943-2250.

Location: Encinitas Senior Center Facilitator: Suzann Lennox

Date	Time	Day	Fee	Course	
3/9	3:30 – 5:30pm	Th	Free	13338	

TRANSPORTATION

Encinitas Senior Center Lunch Transportation

Transportation is available for eligible senior citizens (60+) to and from the Senior Center for lunches Monday through Friday. If you or someone you know is interested in rides to the lunches, call (760) 943-2258 to request an application. Suggested \$2 donation per round-trip van ride.

Out and About Volunteer Driver Opportunity

The Encinitas Senior Center is seeking volunteer drivers to take seniors to the grocery store, doctor appointments, pharmacy, Senior Center and many other locations in Encinitas. Only a couple of hours a week is required based on the drivers schedule. To apply to be a volunteer driver, please call (760) 943-2256. Drivers are reimbursed for mileage while passengers are in the vehicle.

NCTD LIFT Paratransit

Lift offers curb-to-curb transportation for ADA certified passengers. For information and an application visit gonctd.com/lift. To schedule a ride, call (760) 726-1111.

NCTD Breeze

For North County Transit District public bus service call (760) 966-6500.

On The GO Senior Transportation

Offered by Jewish Family Service. Call (858)-637-3210 or visit www.jfssd.org/onthego for more information.



Senior Center Sponsorship Opportunities

Sponsorships support Encinitas Senior Center programs. Please call (760) 943-2250 for information.

Search Course # for complete program information. Non-residents add \$3 to registration fee. A \$1 processing fee will be added to each Senior program.

FREE SENIOR COURSES

In-person registration is required for all free programs. Online registration is not available. Programs subject to change based on class enrollment, room availability and volunteer facilitator availability. Visit EncinitasParksandRec.com for full course details.

Class	Course#	Description	М	Tu	W	Th	F
Bereavement	13272	Hospice By the Sea Support Group	1st & 3rd Mon 2-3pm				
Blood Pressure Clinic	13273	An EMT will check your blood pressure				3rd Th 9:30am- 12:30pm	1st Fri 9:30am- 12:30pm
Book Club	13274	Read, review, and analyze books			3rd Wed 1 - 2:30pm		
Computer Lab	13275	Use computers for fun or research	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm
Computer Tutor	13276	Assistance with computer needs			9:30 - 11am	9:00 - 10:30am	
Current Events	13277	Discuss current events		1 - 2:30pm			
Elder Law & Advocacy	13278	Call (858) 565-1392 Phone appointment only					
HICAP	13279	Call 858-565-8772 Phone appointment only					
Beginner Italian Conversation	13332	Speak, read, and write Italian				12:30 -1:30pm, 1/5 - 3/30	
Intermediate Italian Conversation	13333	Speak, read, and write Italian				1:45 - 2:45pm, 1/5 - 3/30	
Mah Jong	13280	Tile-based game				12:30 - 3:30pm	
Party Bridge	13281	Card game				12:30 - 3:30pm	
Pickleball	13307	Open play	8:30-11:30am		8:30-11:30am		8:30-10:30am
Pool Open Play	13282	Open play billiards	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm
Pool - 8-Ball	13283	Weekly No Handicap Pool Tournament				10am - 3:45pm	
Pool - 9-Ball	13284	Weekly Handicap Pool Tournament		10am - 3:45pm			
Challenge Cup Pool - 8-Ball	13330	Challenge Cup Tourny No Handicapped				10am - 3:45pm 1/12 & 3/16	
Challenge Cup Pool - 9-Ball	13331	Challenge Cup Tourny No Handicapped		2/14 10am - 3:45pm			
Senior Citizen Commission	13285	Meetings held at Encinitas City Hall	3rd Tue 2pm - No Meetings in Dec				
Silver Age Yoga	13286 13287	Chair or mat gentle yoga class	2 - 3pm	2 - 3pm Session 1: 1/9- 2/13 Session 2: 2/27- 3/27			
Sittin' and Knittin'	13288	Knitting/Crocheting		10am-12pm			
Stamp Club	13289	Stamp collecting enthusiasts			1st Wed 10 - 11:30am		

WINTER 2022 REGISTRATION OPENS DEC 5, 8AM



ONLINE:

- 1. Visit EncinitasParksandRec.com
- 2. Click on Programs
- 3. Create an account or login
- 4. Search for an activity by course # or keyword
- 5. Add to Shopping Cart
- 6. Review enrollment and confirm selections
- 7. Accept waiver and pay

All activities subject to time/date change. \$2.50 non-refundable registration processing fee is included in each course (\$1 fee for Senior Center programs).

MAIL-IN:

Mail your completed and signed Activity Registration Form with payment to the City of Encinitas Parks, Recreation and Cultural Arts Department, 505 S. Vulcan Avenue, Encinitas, CA 92024.

PROGRAM TRANSFER POLICY:

Transfers may be requested up to five (5) calendar days before the start of the program by emailing encinitasparksandrec@encinitasca.gov and will not incur any fees if the transfer is to a program of equal or lesser value. Transfers to a program of greater value will include the program fee difference and an additional processing fee.

Transfer requests by phone or by leaving a message will not be considered. Transfer requests made less than five (5) calendar days before the start of the class must be submitted by email to encinitasparksandrec@encinitasca.gov. Transfer requests made less than five (5) business days are date-stamped and reviewed by the Recreation Services Manager.

REFUND/CANCELLATION POLICY:

Activities are subject to change. A full refund will be given if the City cancels the activity. Refunds requested five (5) calendar days before the first program meeting date by emailing encinitasparksandrec@encinitasca.gov may be granted minus a \$10 cancellation fee. No refunds will be issued for inclement weather. Prorated refunds may be given for a medical reason, based on the number of unattended days. Medical verification is required with a doctor signature and must be submitted no later than five (5) calendar days after the medical incident.

Refund requests made less than five (5) calendar days before the start of the class must be submitted by email to encinitasparksandrec@ encinitasca.gov. Refund requests made less than five (5) calendar days are date-stamped and reviewed by the Recreation Services Manager. Refund requests by phone or by leaving a message will not be considered. Submission of request does not guarantee approval.

* The City of Encinitas Parks, Recreation and Cultural Arts Department reserves the right to adjust the transfer/refund policy depending upon the circumstances and the severity of the situation.

WAITING LIST POLICY:

Those on the waiting list that receive notification by phone or email that a spot has opened; have until 5:00pm the next City business day to secure registration. You may confirm your registration by calling (760) 633-2740 or (760) 943-2250 to talk to a live customer service representative. Voicemails will not be accepted and do not confirm registration.

INCLUSION POLICY:

The City is an affirmative action public entity and does not discriminate on the basis of race/color, ethnic origin, national origin, gender, gender identity, religion, age, veteran status or physical or mental disability in employment or the provision of service. The City of Encinitas Parks, Recreation and Cultural Arts Department is committed to the support of inclusive programs and opportunities to increase individual potential for full and active participation in all activities and experiences. Requests for accommodations will be considered on a case-by-case basis. If you require an accommodation, or need further information concerning inclusive or specialized recreation and accommodation for a city program, please contact us as soon as possible or no later than 72-hours prior to disability accommodations being needed via email at encinitasparksandrec@encinitasca.gov or call (760) 633-2740.





"A much-sought-after opportunity for performers... the talent level is extremely high." - Los Angeles Times

All concerts take place at the Encinitas Library 540 Cornish Drive, Encinitas 92024

General admission tickets: In advance \$20 At the door \$25 Students \$10

CRISTINA MONTES MATEO, harp

Friday, January 27, 2023 | 7:30pm

In Plácido Domingo's words, "...I have met and heard thousands of musicians but I can highlight only one of them in the harp world: Cristina Montes Mateo." An award-winning harpist, Cristina is an intensive soloist with a great success around the world, often appearing with major orchestras. She has been principal harp with the Munich Philharmonic Orchestra and the Royal Liverpool Philharmonic Orchestra and is currently solo harpist at the Orquestra de la Comunitat Valenciana in Spain.



SERAPHOUR VOICE ENSEMBLE EMMA GRACE ROCHE, MELISSA BIRCH, DANA ROUSE, HEIDI VASS

Friday, February 24, 2023 | 7:30pm

The all-female quartet is dedicated to the preservation and proliferation of the sacred canon, highlighting unaccompanied classical sacred gems that celebrate the beauty of the female voice with pieces from the Renaissance to present day.



OAKWOOD BRASS

Friday, March 24, 2023 | 7:30pm

This modern brass quintet aims to revitalize chamber music performances using contemporary media to attract new listeners to classical instrumentation. They connect classical sound to music that people know from their own lived experiences through a wide assortment of genres including classical, jazz, and contemporary.





WINTER HOLIDAY CHOIR Saturday, December 10 1:00 & 4:00pm

at the Encinitas Community Center

1140 Oakcrest Park Drive

Enjoy a cheerful holiday concert that celebrates the season as North Coast Singers presents nondenominational favorites accompanied by piano for the whole family to sing along.

General Admission: Adults \$25, Children ages 3-17 \$9 | Front Row: All ages \$35

Children ages 2 and under who can fit on the lap of an adult guardian may attend for free. One child per adult lap. Tickets for children who will sit in a lap are free but must be reserved ahead of time and require a paid adult ticket.

TICKETS: Scan the QR code, visit Encinitas. Tix.com, or call 760-633-2746









WEDNESDAYS CONOON

This free concert series has become the highest attended daytime series in the county with attendance of 160+ each week. The 50-minute concerts at the Encinitas Library feature outstanding musicians from throughout Southern California performing all styles of music. Doors open for general seating at 11:30am and close at noon or when the seats are full. We hope to see you often! Visit Encinitas.Tix.com for the concert lineup.



The list of prior performers includes the likes of jazz legend Peter Sprague, piano virtuosi Ines Irawati and Svetlana Smolina, as well as acclaimed groups such as the Peter Pupping Trio, MandoBasso, and Quartet Nouveau--to name just a few!

Encinitas Ballet will present this joyful event for local families, audiences can expect an uplifting and magical performance complete with a dazzling holiday party, giant mice doing battle with toy soldiers, a growing Christmas tree, dancing snowflakes, a Nutcracker that transforms into a handsome prince, and exotic dances from around the world.

ENCINITAS COMMUNITY CENTER: 2pm and 6pm

GENERAL ADMISSION TICKETS:

Adults \$28

Children ages 3-17 \$22

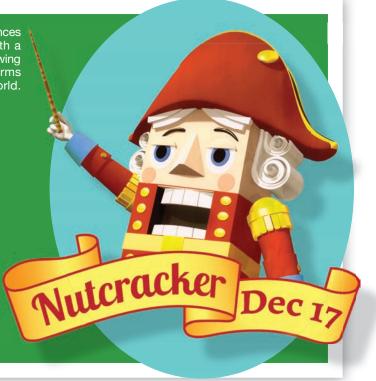
Lap children ages 2 and under free (with an adult ticket)

FRONT ROW TICKETS:

All ages \$38

The performances will feature nationally acclaimed Ukrainian bandurist Valentin Lysenko accompanied by pianist Alicia Jiang whose graceful touch on the keys will bring the Nutcracker to life.

Tickets available online at Encinitas.Tix.com or by phone 760-633-2746









MARCH 4, 2023 5:30 - 8:30PM

Enjoy an evening of visual art, live music, and refreshments as the City of Encinitas art spaces and local art galleries swing open their doors for Art Night Encinitas. The event celebrates the city's diverse visual art scene at participating locations and is free to the public. The art open houses also benefit artists through the sale of their art and provide the public an opportunity to interact with artists and learn about the creative process.

Catch a ride on one of the shuttle buses that will transport the public between all three civic art spaces as well as additional stops to access participating spaces and the Institute of Contemporary Art. Please park at Encinitas City Hall, the Encinitas Community Center, and the Encinitas Library to easily access the free shuttle.



Special thanks to Art Night Encinitas sponsors for their generous support:



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PARKS, RECREATION AND CULTURAL ARTS

PACK ALL OF ENCINITAS' PARKS, BEACHES, TRAILS AND MORE IN YOUR POCKET!

Introducing OuterSpatial, Encinitas Parks and Rec's official mobile app.

Download the OuterSpatial-powered app before heading into the outdoors to explore dozens of trails and routes using real-time GPS, Encinitas' parks, event and program news, and much more.

