

July 2024 Gym Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
 	Youth Volleyball Skill Builder Camp 8:00am-3:30pm	Youth Volleyball Skill Builder Camp 8:00am-3:30pm	Youth Volleyball Skill Builder Camp 8:00am-3:30pm	Independence Day National Holiday  CENTER CLOSED	50+ Pickleball 8:30am-10:30am	Saturday Morning
	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Pickleball For Beginners Clinic 3:30pm-8:00pm		Open Basketball 11:00am-3:00pm	Men's Basketball 8:00am-10:00am
	Open Basketball 4:30pm-5:30pm	Women's Basketball Lunch League 4:30pm-5:30pm	Closed 8:00pm		Men's Basketball Lunch League 3:30pm-4:30pm	Open Basketball 10:30am-11:30am
	Women's Basketball League 5:30pm-9:00pm	Adult Volleyball 5:30pm-9:00pm			Women's Basketball Lunch League 4:30pm-5:30pm	Pickleball For Beginners Clinic 11:30am-5:00pm
	Closed 8:00pm	Closed 8:00pm			50+ Pickleball 6:00pm - 7:45pm	Closed 5:00pm
					Closed 8:00pm	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11	12	13
Sunday Morning Men's Basketball 8:00am-10:00am	Xtreme Dodgeball and Games Camp 8:00am-3:30pm	Xtreme Dodgeball and Games Camp 8:00am-3:30pm	Xtreme Dodgeball and Games Camp 8:00am-3:30pm	Xtreme Dodgeball and Games Camp 8:00am-3:30pm	Xtreme Dodgeball and Games Camp 8:00am-3:30pm	Saturday Morning Men's Basketball 8:00am-10:00am
Open Badminton 12:00pm-2:00pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Open Basketball 10:30am-11:30am
Open Basketball 2:30pm-4:45pm	Open Basketball 4:30pm-5:30pm	Women's Basketball Lunch League 4:30pm-5:30pm	Open Basketball 4:30pm-7:45pm	Open Basketball 4:30pm-7:45pm	Women's Basketball Lunch League 4:30pm-5:30pm	Pickleball For Beginners Clinic 11:30am-5:00pm
Closed 5:00pm	Women's Basketball League 5:30pm-9:00pm	Adult Volleyball 5:30pm-9:00pm	Closed 8:00pm	Closed 8:00pm	50+ Pickleball 6:00pm - 7:45pm	Closed 5:00pm
	Closed 8:00pm	Closed 8:00pm			Closed 8:00pm	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
Sunday Morning Men's Basketball 8:00am-10:00am	Youth Basketball Skill Builder Camp 8:00am-3:30pm	Youth Basketball Skill Builder Camp 8:00am-3:30pm	Youth Basketball Skill Builder Camp 8:00am-3:30pm	Youth Basketball Skill Builder Camp 8:00am-3:30pm	Youth Basketball Skill Builder Camp 8:00am-3:30pm	Saturday Morning Men's Basketball 8:00am-10:00am
Open Badminton 12:00pm-2:00pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Open Basketball 10:30am-11:30am
Open Basketball 2:30pm-4:45pm	Open Basketball 4:30pm-5:30pm	Women's Basketball Lunch League 4:30pm-5:30pm	Open Basketball 4:30pm-7:45pm	Open Basketball 4:30pm-7:45pm	Women's Basketball Lunch League 4:30pm-5:30pm	Pickleball For Beginners Clinic 11:30am-5:00pm
Closed 5:00pm	Women's Basketball League 5:30pm-9:00pm	Adult Volleyball 5:30pm-9:00pm	Closed 8:00pm	Closed 8:00pm	50+ Pickleball 6:00pm - 7:45pm	Closed 5:00pm
	Closed 8:00pm	Closed 8:00pm			Closed 8:00pm	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
Sunday Morning Men's Basketball 8:00am-10:00am	Youth Basketball Advanced Camp 8:00am-3:30pm	Youth Basketball Advanced Camp 8:00am-3:30pm	Youth Basketball Advanced Camp 8:00am-3:30pm	Youth Basketball Advanced Camp 8:00am-3:30pm	Youth Basketball Advanced Camp 8:00am-3:30pm	Saturday Morning Men's Basketball 8:00am-10:00am
Open Badminton 12:00pm-2:00pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Open Basketball 10:30am-11:30am
Open Basketball 2:30pm-4:45pm	Open Basketball 4:30pm-5:30pm	Women's Basketball Lunch League 4:30pm-5:30pm	Open Basketball 4:30pm-7:45pm	Open Basketball 4:30pm-7:45pm	Women's Basketball Lunch League 4:30pm-5:30pm	Pickleball For Beginners Clinic 11:30am-5:00pm
Closed 5:00pm	Women's Basketball League 5:30pm-9:00pm	Adult Volleyball 5:30pm-9:00pm	Closed 8:00pm	Closed 8:00pm	50+ Pickleball 6:00pm - 7:45pm	Closed 5:00pm
	Closed 8:00pm	Closed 8:00pm			Closed 8:00pm	
Sunday	Monday	Tuesday	Wednesday			
28	29	30	31			
Sunday Morning Men's Basketball 8:00am-10:00am	Xtreme Dodgeball and Games Camp 8:00am-3:30pm	Xtreme Dodgeball and Games Camp 8:00am-3:30pm	Xtreme Dodgeball and Games Camp 8:00am-3:30pm			
Open Badminton 12:00pm-2:00pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm	Men's Basketball Lunch League 3:30pm-4:30pm			
Open Basketball 2:30pm-4:45pm	Open Basketball 4:30pm-5:30pm	Women's Basketball Lunch League 4:30pm-5:30pm	Open Basketball 4:30pm-7:45pm			
Closed 5:00pm	Women's Basketball League 5:30pm-9:00pm	Adult Volleyball 5:30pm-9:00pm	Closed 8:00pm			
	Closed 8:00pm	Closed 8:00pm				
CALIFORNIA DEPARTMENT OF HEALTH GUIDELINES WILL BE FOLLOWED SIGN IN REQUIRED AT CUSTOMER SERVICE FRONT DESK UPON ARRIVAL FOR DROP-IN PROGRAMS GYM TIMES & EVENTS SUBJECT TO CHANGE						

Community Center Hours of Operation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00pm-5:00pm	8:00am - 8:00pm	8:00am - 8:00pm	8:00am - 8:00pm	8:00am - 8:00pm	8:00am - 8:00pm	8:00am - 5:00pm

Senior Center Hours of Operation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CLOSED	8:00am - 4:00pm	8:00am - 4:00pm	8:00am - 4:00pm	8:00am - 4:00pm	8:00am - 4:00pm	CLOSED

Encinitas Community Center and Senior Center
1140 Oakcrest Park Drive
Encinitas, CA 92024

Phone: 760-943-2250
Email: EncinitasParksandRec@encinitasca.gov
Web Site: www.EncinitasParksandRec.com

GYM PROGRAM DESCRIPTIONS

YOUTH PROGRAMS	ADULT PROGRAMS	OPEN GYM
Basketball Camp	Men's Basketball Lunch League	Basketball
Basketball Clinic	Women's Lunch Basketball League	Badminton
Basketball League Practice/Games	Women's Basketball League	Ping Pong
Volleyball Skill Builder Camp	Saturday Morning Basketball	Game Room
Xtreme Dodgeball Camp	Sunday Morning Basketball	Stage
Dance - Ballet Folklorico	Volleyball Clinic	Holidays
	Adult Pickleball	Maintenance
	Adult Pickleball Clinics	Special Events

GYM RULES

1. Participants engage in open gym activities at their own risk.
2. Fighting, foul language, and inappropriate behavior will not be tolerated.
Individuals involved in physical altercations or using offensive language may be asked to leave the Center.
Violators could face suspension or expulsion from further gym use.
3. Gym users acknowledge that photos may be taken for marketing purposes.
4. Climbing on bleachers or rails is strictly prohibited.
Please refrain from pulling out the bleachers.
5. Shirts must be worn at all times.
6. Only athletic shoes are allowed.
7. Dunking and grabbing the rims or nets are not allowed.
8. Loud or vulgar music is prohibited.
Center staff reserve the right to request volume adjustments or music cessation.
9. Courts and baskets are open to all gym users. Players are expected to share the facilities.
Full or cross-court games are not permitted during open gym hours if others are waiting to play.
In cases of high gym occupancy, shooting baskets may be the only allowed activity.
10. Basketball hoops will remain at 10 feet and will only be adjusted for paid City activities.
11. Children under 12 years old must be supervised by a parent, guardian, or designated adult.
An exception applies to middle school students in 7th and 8th grade who are 11 years old.
Center staff are not responsible for unsupervised children.
12. It is prohibited to operate any commercial or professional instruction for the purpose of operating boot camps, fitness classes, or similar activities on public property without first obtaining a special operations permit.
(Encinitas Municipal Code 6.14.030)
13. Coaches, trainers, and private instructors are not permitted to conduct workouts or training sessions.
Organized practices are also prohibited.
14. The gym is reserved for specified activities only. Dance, baton twirling, gymnastics, etc. are prohibited.
15. All doors in the gym must remain closed.
All gym participants are required to sign in and enter through the Main Lobby.
16. Participants are responsible for cleaning up after themselves. Trash should be disposed of properly.
Water bottles and personal items can be stored in gym cubbies.
17. Bicycles are not allowed inside the gym.
18. No gum, food, or drinks (except bottled water) are permitted in the gym.
19. Refer to Community & Senior Center Code of Conduct for additional rules.

